# **Dancing Queen**



拍數: 40 牆數: 4 級數: Beginner

編舞者: Betty Dance (HK) - November 2020

音樂: Dancing Queen - ABBA



Intro: 32 (4x8) counts

## Section 1 - BOUNCING (WITH HAND STYLING)

1-2-3-4	Bouncing on both feet with weight on L (L hand point with index finger from R to L)
5-6-7-8	Bouncing on both feet with weight on R (R hand point with index finger from L to R)

### Section 2 - (STEP, POINT, STEP, POINT) x2 (WITH HAND STYLING)

1-2-3-4	Step side L, point R next to L, step side R, point L next to R (with hand styling, L hand point
	to upper L & lower, twice)
<b>5070</b>	0, 1, 1, 1, 0, 0, 1, 1, 1, 0, 0, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,

5-6-7-8 Step side L, point R next to L, step side R, point L next to R (with hand styling, L & R hand in V sign horizontally with index & middle fingers moving in front of the eyes)

### Section 3 - (FORWARD, KICK, BACK, POINT) x2

1-2-3-4	Step forward L, kick forward R, step back R, back point L (with both hands rolling)
5-6-7-8	Step forward L, kick forward R, step back R, back point L (with both hands rolling)

### Section 4 - HEEL, STEP, HEEL, STEP, CROSS, BACK WITH 1/4 L TURN (9:00), SIDE, TOGETHER

1-2-3-4	Forward hool I	ctan hack l	forward hool D	step back R next to L
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5-6-7-8 Step forward L, step back R with ¼ L turn (9:00), step side L, step R next to L

### Section 5 - (CROSS, CROSS, BACK, BACK)x2

1-2-3-4	Cross L over R, cross R over L, step back L to L side, step back R to R side
5-6-7-8	Cross L over R, cross R over L, step back L to L side, step back R to R side

## \*2nd wall starts at 9:00

#### **Dancing Sequence:**

A-B-A-B-C-A-B-A-B-B

A (Section 1-5)

B (Section 1-4)

C (Section 1-5 + Section 5)

Please watch my dance demo cum tutorial video for hand styling and practice!

### Let's be happy & dance in the sun!

Enjoy dancing with Betty (Associate Degree and Licentiate Degree of Line Dancing, Qualified Teacher of Line Dancing (International Dance Teachers' Association, UK))

**END**