

Ain't No Quitter

COPPERKNOB
STEPSHEETS

拍數: 72 牆數: 4 級數: Intermediate
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音樂: I Ain't No Quitter - Shania Twain



Intro 14 count at the beginning and at the beginning of the 3 wall

Tag 16 count at the end of the 5 wall

Tag 16 count x 3 after 16 count of the 7 wall

Final

INTRO

HIP BUMP X 2 - HEEL - STEP - HEEL - STEP

1 - 2 hip bump right
3 hold
4 - 5 hip bump right
6 hold
7 - 8 hell right / together
9 - 10 hell left / together
11 - 12 hell right / together
13 - 14 hell left / together

(1) GRAPEVINE RIGHT - TOE RIGHT - HELL RIGHT - HOOK RIGHT, STEP FORWARD RIGHT

1 - 2 step right / cross behind left
3 - 4 step right / step together
5 - 6 toe right / heel right
7 - 8 hook right / step right forward

(2) TOE BACK LEFT, RECOVER LEFT - HICH RIGHT, SLAP - COASTER STEP - SCUFF LEFT

1 - 2 toe left back / recover left
3 - 4 hitch right / slap
5 - 6 step right back / together
7 - 8 step right forward / scuff left

(3) GRAPEVINE LEFT - TOE LEFT - HELL LEFT - HOOK LEFT, STEP FORWARD LEFT

1 - 2 step left / cross behind right
3 - 4 step left / step together
5 - 6 toe left / heel left
7 - 8 hook left / step left forward

(4) TOE BACK RIGHT, RECOVER RIGHT - HICH LEFT, SLAP - COASTER STEP - SCUFF LEFT

1 - 2 toe right back / recover right
3 - 4 hitch left / slap
5 - 6 step left back / together
7 - 8 step left forward / scuff right

(5) STEP TURN ¼ X 3

1 - 2 step right forward turn ¼ / stomp left
3 - 4 step left lateral / stomp right
5 - 6 step right forward turn ¼ / stomp left
7 - 8 step left forward turn ¼ / scuff right

(6) STEP LOCK STEP RIGHT FORWARD - STEP LOCK STEP LEFT BACK

1 - 2 step right forward / lock left

3 - 4 step right forward / stomp up left
5 - 6 step left back/ lock right
7 - 8 step left back / stomp up right

(7) JAZZ BOX - JUMPING JACKS CROSS - ½ TURN - HOLD

1 - 2 cross right / step left back
3 - 4 step right lateral / step left together
5 - 6 cross jump
7 - 8 ½ turn / hold

(8) JUMPING JACKS - CLAMP X 2

1 - 2 jump together forward / clamp
3 - 4 jump together back/ clamp
5 - 6 jump together forward / clamp
7 - 8 jump together back/ clamp

(9) HIP BUMP X 2 - STEP ½ TURN RIGHT X 2

1 - 2 hip bump
3 - 4 hip bump
5 - 6 step right forward / ½ turn left
7 - 8 step right forward / ½ turn left

TAG:

JUMPING JACKS - CLAMP X 2

1 - 2 jump together forward / clamp
3 - 4 jump together back/ clamp
5 - 6 jump together forward / clamp
7 - 8 jump together back/ clamp

HIP BUMP X 2 - STEP ½ TURN RIGHT X 2

1 - 2 step left forward hip bump
3 - 4 hip bump
5 - 6 step right forward / ½ turn left
7 - 8 step right forward / ½ turn left

FINAL - Step turn left ½ / stomp right
