After School

拍數: 64

級數: High Improver

編舞者: Happy Dancing Club (INA) - November 2020

音樂: Night into the sky - Afterschool Red

(1-8) Lock Step Diagonal R L (12:00)

- 1 2 Step Forward RF to Diagonal Right , Step LF Behind RF
- 3&4 Step RF Forward , Step LF Behind RF, Step RF Forward
- 5 6 Step LF Forward Diagonal to L Side, Step RF Behind LF
- Step LF Forward, Step RF Behind LF, Step LF Forward 7 & 8

(9-16) Syncopates Jazz Box with 1/2 Turn R (6:00)

- 1 2 Cross RF Over LF, Step LF Back
- 3 4 Step RF to Right Turning 1/4 Turn Right to 3:00, Step LF Forward
- 5 6 Cross RF Over LF, Step LF Back
- 7 8 Step RF to Right Turning 1/4 Turn Right to 6:00, Step LF Forward

(17 - 24) Point R L Paddle 1/2

- 1 2 Point RF Forward, Step RF to Right Beside LF
- 3 4 Point LF Forward, Step LF to Left Beside RF
- 5 6 Step RF Forward, Step LF turn 1/4 to Left Side to 3:00
- 7 8 Step RF Forward, Step LF turn 1/4 to Left Side to 12:00

(25 - 32) Repeat Section 3

- 1 2 Point RF Forward, Step RF to Right Beside LF
- 3 4 Point LF Forward, Step LF to Left Beside RF
- 5 6 Step RF forward, Step LF Turn 1/4 to Left Side to 9:00
- 7 8 Step RF forward, Step LF Turn 1/4 to Left Side to 6:00

* On wall 2 after 32 counts there will be a Tag

** Restart wall 4 after 32 counts

(33 - 40) Wave R Flick L R (6:00)

- 1 2 Cross RF Over LF, Side Step LF
- 3 4 Step RF Behind LF, Flick LF
- 5 6 Cross LF Over RF, Side Step RF
- 7 8 Step LF Behind RF, Flick RF

(41 - 48) Diamond 1/4 (9:00)

- 1 2 Step RF Over LF, Step LF Side L
- 3 4 Step RF Back Diagonal (7:30), Hitch LF
- 5 6 Step LF Back, Turn R (9:00) Step RF to Right Side
- 7 8 Step LF Forward, Touch RF Beside LF

(49 - 56) Kick, Hook, Step RF Diagonal, Touch (R, L)

- Kick RF, Hook RF 1 - 2
- Step RF Diagonal Forward, Touch LF Beside RF 3 - 4
- 5 6 Kick LF, Hook LF
- 7 8 Step LF Diagonal Forward, Touch RF Beside LF

(57 - 64) Long Step Back (R, L), Out Out, In In

- Long Slight RF Step Back Diagonal, Touch LF Beside RF 1 - 2
- 3 4 Long Slight LF Step Back Diagonal, Touch RF Beside LF





牆數: 4

- &5 &6 Step RF Out to R Side, Step LF Out to L Side, Step RF In to R side, Step LF In to L Side
- &7 &8 Step RF Out to R Side, Step LF Out to L Side, Step RF In to R side, Step LF In to L Side

Tag 1 * on the wall 2 after 32 counts there will be Tag 1

- (1-8) R Chasse, Turn 1/4 L Chasse, Turn 1/4 R Chasse, Turn 1/4 L Chasse (6:00)
- 1 & 2 Side Chasse on RLR (3:00)
- 3 & 4 Turn 1/4 L side Chasse on LRL (12:00)
- 5 & 6 Turn 1/4 R side Chasse on LRL (9:00)
- 7 & 8 Turn 1/4 L side Chasse on LRL (6:00)

Tag 2 ***After Wall 5 finish there will be tag 2 (Do it 2 times)+3 count body Roll

- (1-8) Basic Night Club R, Turn R 1/2, Sway L,R,L, Touch RF
- 1 Long Slide RF to R side
- 2 & 3 Step LF Behind RF, Recover RF to R Side, Sweep Turn 1/2 R
- 4 & 5 Step RF to R Side, Cross LF over RF, Step RF to R Side
- 6 8& Sway L, Sway R, Sway L, Touch RF beside LF

(9 - 16) Basic Night Club R, Turn R 1/2, Sway L,R,L

- 1 Long Slide RF to R side
- 2 & 3 Step LF Behind RF, Recover RF to R Side, Turn 1/2 R
- 4 & 5 Step RF to R Side, Cross LF over RF, Step RF to R Side
- 6 8 Sway L, Sway R, Sway L

(17 - 19) Body Roll

1 - 3 RF Step Forward with Body Roll and Recover RF Touch Beside LF

ENDING

Dance 58 counts of Wall 6.

Changes 59 Turn ¼ L and do the rest of the dance and Finish facing 12:00

Enjoy Happydancing clubhappydancing@gmail.com