Sweet Dreams

拍數: 32

級數: Beginner

編舞者: Header Kim (KOR) - November 2020

音樂: Sweet Dreams (Are Made of This) - Eurythmics, Annie Lennox & Dave Stewart

Sec 1: Vine Step to R, L

- 1 2 Step RF side to R, step LF cross behind RF
- 3 4 Step RF side to R, step LF next to RF
- 5 6 Step LF side to L, step RF cross behind LF
- 7 8 Step LF side to L, step RF next to LF

Sec 2: Diagonal forward to R, LF scuff beside RF, diagonal forward to L, RF scuff beside LF, stomp, heel, toe, heel to R

- 1 2 Step RF diagonal forward to R, LF scuff beside to RF
- 3 4 Step LF diagonal forward to L, RF scuff beside to LF
- 5 RF diagonal stomp to R
- 6 -7 8 LF heel, toe, heel beside to RF

Sec 3: Kick ball change X 2, shuffle forward R, L

- 1&2 Kick RF forward, step on ball of RF, step LF next to RF
- 3&4 Kick RF forward, step on ball of RF, step LF next to RF
- 5&6 Step RF forward, LF next to RF, RF forward
- 7&8 Step LF forward, RF next to LF, LF forward

Sec 4: Jazz box 1/4 turn to R, out, out with clap, in, in with clap

- 1 2 RF cross in front LF, LF step back 1/4 turn to R
- 3 4 Step RF side to R, step LF forward
- 5&6 Step RF out to R, step LF out to L with clap
- 7&8 Step RF in, step LF next to RF with clap

Tag (24 count) - 3, 4, 7 wall

Restart - After Tag finish 3, 4, 7 wall

Sec 1: Toe strut with clap X 4

- 1 2 RF toe touch forward, drop heel with clap
- 3 4 LF toe touch forward, drop heel with clap
- 5 6 RF toe touch forward, drop heel with clap
- 7 8 LF toe touch forward, drop heel with clap

Sec 2: Monterey 1/2 turn to R X 2

- 1 2 RF side point to R, 1/2 turn to R, RF next to LF
- 3 4 LF side point to L, LF next to RF
- 5 6 RF side point to R, 1/2 turn to R, RF next to LF
- 7 8 LF side point to L, LF next to RF

Sec 3: Toe strut with clap X 4

- 1 2 RF toe touch forward, drop heel with clap
- 3 4 LF toe touch forward, drop heel with clap
- 5 6 RF toe touch forward, drop heel with clap
- 7 8 LF toe touch forward, drop heel with clap

Hope you enjoy and feel the rhythm of this dance with music!

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牆數:4