## Hao Shi Yang Yang Lai

拍數： 64
病數： 1
級數：Phrased Improver
編舞者：Penny Tan（MY）\＆Belinda Yoong（MY）－December 2020
音樂：Hao Shi Yang Yang Lai（好事样样来）－Gean Lim（林必媜）：（2021年 METRO MUZIK）

Start intro dance approx． 2 seconds（2 counts）
SOD：INTRO／ABB／INTRO／ABB／ABB／A－（16C）／Ending
INTRO（32 Counts）
iSEC1：WALK FWD R－L，FWD SHUFFLE，SIDE，BACK TOUCH L－R
1－2 Walk fwd RF ，walk fwd LF
3\＆4 Fwd shuffle R－L－R
5－6 Step LF to $L$ ，touch RF behind LF
7－8 Step RF to $R$ ，touch LF behind RF
iSEC2：WALK BACK L－R ，BACK SHUFFLE，SIDE BACK TOUCH R－L
1－2 Walk back LF ，walk back RF
3\＆4 Back shuffle L－R－L
5－6 Step RF to $R$ ，touch LF behind RF
7－8 Step LF to $L$ ，touch RF behind LF
iSEC3： $1 / 4$ TURN R ，WALK A SMALL ROUND ，TOUCH， $1 / 4$ TURN L，WALK A SMALL ROUND，TOUCH
1－4 $\quad 1 / 4$ turn $R$ ，walk $R-L-R$ to make a small round ，touch LF next to $R F(12: 00)$
5－8 $\quad 1 / 4$ turn $L$ ，walk L－R－L to make a small round，touch $R F$ next to $L F(12: 00)$
iSEC4：CROSS SAMBA R－L ，WALK BACK RLR ，STEP
1\＆2 Cross RF over LF ，step LF to $L$ ，recover on $R$
$3 \& 4 \quad$ Cross LF over RF ，step RF to $R$ ，recover on $L$
5－8 Walk back R－L－R ，step LF next to RF
MAIN DANCE
A（32 Counts）
SECA1：SIDE TOUCH R－L ，ROCKING CHAIR
1－2 Step $R F$ to $R$ ，touch $L F$ next to $R F$
3－4 Step LF to $L$ ，touch RF next to LF
5－6 Step RF fwd ，recover LF on L
7－8 Step RF back，recover LF on L
SECA2：DIAGONAL SHUFFLE ，BRUSH（R－L）
1－4 Diagonally fwd shuffle R－L－R ，brush LF diagonally to $L$
5－8 Diagonally fwd shuffle L－R－L ，brush RF fwd
＊short happening here ．
＊＊Optional：Short with step change ：on count 8 ，touch RF next to LF
SECA3：BACK SHUFFLE（R－L－R ），BACK ROCK ，RECOVER
1\＆2 Back shuffle R－L－R
3\＆4 Back shuffle L－R－L
5\＆6 Back shuffle R－L－R
7－8 Step LF back ，recover on $R$
SECA4：HEEL OUT ，STEP（L－R），IN PLACE CROSS CHA CHA

3-4 Touch $R$ heel out to $R$ (a bit diagonally), step RF next to LF
5\&6\& In place, cross LF over RF , lock RF behind LF , cross LF over RF , lock RF behind LF

B(32 Counts)
SECB1: CROSS,HOLD (R-L) , COASTER STEP, FWD SHUFFLE
1-2 Cross RF over LF , hold
3-4 Cross LF over RF, hold
5\&6 Step RF back, step LF next to RF , step RF fwd
7\&8
Fwd shuffle L-R-L
SECB2: CROSS,KICK DIAGONALLY (R-L) , FWD ROCK , RECOVER ,1/2 TURN R FWD SHUFFLE
1-2 Cross RF over LF , kick LF diagonally to $L$
3-4 Cross LF over RF , kick RF diagonally to $R$
5-6 Step RF fwd , recover on L
7\&8 $\quad 1 / 2$ turn $R$, fwd shuffle R-L-R(6:00)
SECB3: FWD , ½ TURN R STEP FWD , FWD SHUFFLE , CROSS,RECOVER ,SIDE CHASSE
1-2 Step LF fwd , $1 / 2$ turn R , step RF fwd
3\&4 Fwd shuffle L-R-L(12:00)
5-6 Cross RF over LF
7\&8 Step RF to $R$, step LF next to RF ,step RF to $R$
SECB4: CROSS ,RECOVER ,SIDE TOGETHER ,1/4 L TURN ,FWD ,1/4 TURN L , WALK A SMALL ROUND,FWD
1-2 Cross LF over RF , recover on $R$
3\&4 Step LF to $L$, step RF next to $L F, 1 / 4$ turn $L$, step $L F$ fwd
5-8 $\quad 1 / 4$ turn $L$, walk a small round (5-7), step $L F$ fwd (8) , facing12:00
ENDING:After the A-(16 counts), dance the Ending : do the 32 counts Intro for the ending
Happy dancing and Happy CNY! Wishing all of you all the best!
Contacts: -
pennytanml@hotmail.com
belindayoong@hotmail.my

