

Voices In My Head

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - December 2020
音樂: Voices In My Head - Skinny Days & CLMD : (iTunes / Spotify)



(32 count intro) (No tags or restarts)

Feet should be shoulder width apart to start

[S1] 2x (Heel Out-Out-In-In), Side-Behind-1/4R-Side-Behind-1/4L-14L-Kick

- &1&2 Swivel L heel out, Swivel R heel out, Replace L heel to the centre, Replace R heel to the centre
- &3&4 Swivel R heel out, Swivel L heel out, Replace R heel to the centre, Replace L heel to the centre
- &5& Step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
- 6&7 Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (12:00)
- &8 Make a ¼ turn left stepping R to the side, Kick forward on L (9:00)

[S2] Kick Sequence (Side-Kick-Side-Kick-Side-Kick-Hook-Kick-1/4L-Kick-Side-Kick-Side-Kick-Hook-Kick-)

- &1&2 Step L to the side, Kick forward on R, Step R to the side, Kick forward on L
- &3&4 Step L to the side, Kick forward on R, Hook R across L, Kick forward on R
- &5&6 Make a ¼ turn left stepping back on R, Kick forward on L, Step L to the side, Kick forward on R (6:00)
- &7&8 Step R to the side, Kick forward on L, Hook L across R, Kick forward on L

[S3] -&-2x (Heel Switches-1/4R-Kick-&-Touch-&-)

- & Step L in place
- 1&2& R heel forward, Step R next to L, L heel forward, Make a ¼ turn right slightly stepping back on L (9:00)
- 3&4& Kick forward on R, Step R next to L, Touch L next to R, Step L next to R
- 5&6& R heel forward, Step R next to L, L heel forward, Make a ¼ turn right slightly stepping back on L (12:00)
- 7&8& Kick forward on R, Step R next to L, Touch L next to R, Step L next to R

[S4] -Cross Rock, 1/4R-Side Rock-Hinge 1/2L-&, Back Rock, Chase Turn-Out-Out

- 1 2& Rock R across L, Recover weight on L, Make a ¼ turn right stepping forward on R (3:00)
- 3&4& Rock L to the side, Recover weight on R, Hinge ½ turn left stepping L close to R, Step slightly back on R (9:00)
- 5 6 Rock back on L, Recover weight on R
- &7&8 Step forward on L, Make a ½ turn right recover weight on R, Step L out to the side, Step R out to the side (3:00)

The last wall starts at 12:00. Dance up to S4 count 6, then make a 1/4R paddle turn to the front, stepping forward on R.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 2/Dec/20)