

Blue Bird In My Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Pauline Foster (USA) - December 2020
音樂: Bluebird - Miranda Lambert



Intro: 16 counts

RIGHT STEP LOCK, RIGHT STEP LOCK STEP, LEFT STEP LOCK, LEFT STEP LOCK STEP

1-2 Step Fwd Right, Lock L Behind
3&4 Step Fwd Right, Lock L Behind, Step Fwd Right
5-6 Step Fwd Left, Lock R Behind
7&8 Step Fwd Left, Lock R Behind, Step Fwd Left

KICK AND POINT, KICK AND POINT, SAILOR RIGHT, SAILOR LEFT ¼ TURN LEFT

1&2 Kick Right, Step R, Point Left out to side
3&4 Kick Left, Step L, Point Right out to side
5&6 Right Behind, Step L to Side, Step R to Side
7&8 Left Behind, Turn ¼ L as you Step R, Step L Side (weight on left) (9:00)

*Tag and Restart here on wall 6 at 6:00

1-2 Step forward R ½ turn left (None Turning Option Rocking Chair)
3-4 Step forward R ½ turn left

STEP R SIDE, STEP LEFT BEHIND, TRIPLE IN PLACE / STEP L SIDE, STEP RIGHT BEHIND, TRIPLE IN PLACE

1-2 Step R to R side, Step Left behind R
3&4 Step R, L, R in place (weight on R)
5-6 Step L to L side, Step Right behind L
7&8 Step L, R, L in place (weight on L) (9:00)

RIGHT ROCKING CHAIR AND RIGHT KICK BALL CHANGE, CROSS R, SIDE L, R HEEL, STEP RIGHT, CROSS L, SIDE R, L HEEL, STEP LEFT

1&2& Right rock fwd, Recover, Right rock back, Recover (weight on left)
3&4 Kick Right, step on R, step L beside
5&6& Cross R over L, Step L to side, Right Heel, Step on R
7&8& Cross L over R, Step R, Left Heel, Step Left (weight on left) (9:00)

*Tag: Two ½ turns to the left.

1-2 Step forward R ½ turn left
(Non Turning Option Rocking Chair)
3-4 Step forward R ½ turn left