

One Moment In Time

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Iwan Lubis (INA), Ayu Permana (INA), Irwan Setiawan (INA), Hotma Tiarna Purba (INA), Wandy Hidayat (INA), Sawaludin (INA) & Jaun (INA) - December 2020
音樂: One Moment In Time - Dana Winner



I. ROCK FWD, BACK L-R-L, SAILOR, BEHIND, SIDE, CROSS, SIDE

- 1 Step R fwd
- 2&3 Recover on L, step R back, step L back and sweep R from front to back
- 4&5 Cross R behind L, step L beside R, step R to side
- 6&7 Cross L behind R, step R to side, cross L over R
- 8& Step R to side, recover on L

II. 1/8 TURN FWD, BACK L-R-L WITH LIFT, RUN R-L-R, 1 3/8 TURN L, CROSS, SWEEP, SIDE

- 1 1/8 Turn L stepping R fwd (10.30)
- 2&3 Recover on L, step R back, step L back and lift R fwd
- 4&5 Step R fwd, step L fwd, step R fwd
- 6&7 3 1/8 Turn L stepping L in place, 1/2 turn L stepping R back, 1/2 turn L stepping L fwd and sweep R (6.00)
- 8& Cross R over L, step L to side

III. WEAVE WITH HITCH, 1/8 TURN L RUN R-L, 1/2 TURN L SWEEP, 1/2 TURN R SWEEP

- 1 Step R back and sweep L from front to back
- 2&3 Cross L behind R, step R to side, cross L over R and hitch R
- 4&5 1/8 Turn L stepping R fwd, step L fwd, 1/2 turn R stepping R back and sweep L from front to back (12.00)
- 6&7 Cross L behind R, step R to side, 1/2 turn R stepping L back and sweep R (6.00)
- 8& Cross R behind L, step L to side

IV. SIDE, BEHIND, 1/4 TURN R FWD, FULL TURN, FWD, 3/8 TURN FWD, TOGETHER

- 1 Step R long to side
- 2&3 Cross L behind R, 1/4 turn R stepping R fwd, step L fwd (9.00)
- 4&5 1/2 Turn L stepping R back, 1/2 turn L stepping L fwd, step R fwd
- 6&7 Recover on L, 3/8 turn R stepping R fwd, step L fwd (1.30)
- 8& Recover on R, step L beside R

V. PRISSY WALK, PIVOT 1/2 TURN, WALK WITH SWEEP

- 1-3 Step R over L, step L over R, step R over L
- 4&5 Step L fwd, 1/2 turn R stepping R in place, step L fwd and sweep R from back to front (7.30)
- 6-8 Step R fwd and sweep L to front, step L fwd and sweep R, step R fwd

VI. BACK, 1/8 TURN R SCISSOR, SIDE, 1/8 TURN R FWD WITH HITCH, TOGETHER, FWD WITH HITCH, BACK

- 1 Step L back
- 2&3 1/8 Turn R stepping R to side, step L beside R, cross R over L (9.00)
- 4&5 Step L to side, recover on R, 1/8 turn R stepping L fwd and hitch R (10.30)
- 6&7 Step R back, step L beside R, step R fwd and hitch L
- 8 Step L back

VII. SIDE, BACK, BACK, 1/8 TURN SIDE, CROSS, 3/8 TURN R, 1/2 PIVOT, TOUCH

- 1 Step R to side
- 2&3 Step L back, step R back, 1/8 turn L stepping L to side (9.00)

4&5 Cross R over L, recover on L, 3/8 turn R stepping R fwd (12.00)
6&7 Step L fwd, ½ turn R stepping R in place, step L fwd (6.00)
8 Point R to side

VIII. BASIC NC, FORWARD, SWAY L-R-L

1 Long step R to side,
2&3 Step L slightly behind R, cross R over L, long step L to side
4&5 Step R slightly behind L, cross L over R
6-8 Step R fwd, sway L-R-L

RESTART: There are 3 restarts in this dance on wall 1 and 4 after 60 counts, and wall 5 after 58 counts.

TAG (4 counts) on wall 3 after 8 counts :
Raise your R hand for 4 counts and start the dance again.

Enjoy the dance

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