

Born To Be Alive

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Sunny Jeong (KOR) - December 2020
音樂: Born to Be Alive - Patrick Hernandez



Intro; 32 Count

※Restart; on Walls 2, 6 after 24 counts

[Sec.1]VINE ¼R, TOUCH, VINE L WITH ¼L, SKUFF

1234 RF step side, LF step behind, RF turn ¼R stepping forward, L toe touch next to RF(3:00)
5678 LF step side, RF step behind, LF turn ¼L stepping forward, LF skuf forward(12:00)

[Sec.2]JAZZ BOX, JAZZ BOX WITH ¼R

1234 RF cross over LF, LF step backward, RF step side, LF step forward
5678 RF turn ¼R crossing over LF, LF step backward, RF step side, LF step next to RF(3:00)

[Sec.3]BACKWARD WITH TOE TOUCHS FWD, PIVOT ¼ TURN L ×2 WITH ROLLING HIP

1 2 RF step slightly backward with L toe touch forward, LF step slightly backward with R toe touch forward
3 4 RF step slightly back with L toe touch forward, LF step slightly back with R toe touch forward
5 6 7 8 RF step forward, LF pivot ¼ turn L with rolling hip, RF step forward, LF pivot ¼ turn L with rolling hip

[Sec.4]TWIST R/L, HEEL, STOMP FWD, BOUNCES WITH ½ TURN L

1234 Sweval both heels R, Sweval both toes R, Sweval both heels L, Sweval both toes L
5678 RF stomp forward, Bounce both heels with turning ¼L, ¼L, ¼L(weight on L)

Happy Dancing..~

Contact:

- (1). hani3756@gmail.com
- (2). <https://m.blog.naver.com/jsh3756/222071244567>
- (3). <https://www.facebook.com/suny.jung.5>

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