Banana Cha Cha

拍數: 32

級數: Beginner

編舞者: Ivy Chan Siew Lin (SG) - January 2021

音樂: Banana Cha Cha - MOMOLAND

Intro: Start after 16 counts - No Tags or Restart

[1 - 8] SIDE ROCK, RECOVER, TRIPLE STEP, SIDE ROCK, RECOVER, TRIPLE STEP

- Rock RF to R, Recover on LF, Triple Step R-L-R In Place 1-2 3&4
- 5-67&8 Rock LF to L, Recover on RF, Triple Step L-R-L In Place

[9 - 16] R HIP BUMP, L HIP BUMP, SIDE TOUCH, HOLD, SIDE TOUCH, HOLD

- 1&2 Touch R Toe fwd Bumping hips Fwd, Bump hips back, Step on RF
- 3&4 Touch L Toe fwd Bumping hips Fwd, Bump hips back, Step on LF
- &5-6 &7-8 Step RF to R, Touch LF next to R, HOLD, Step LF to L, Touch RF next to L, HOLD

[17 - 24] FWD ROCK, COASTER STEP, STEP PIVOT 1/4 R, CROSS SHUFFLE

- 1-2 3&4 Rock RF fwd, Recover on LF, Step RF back, Step LF beside RF, Step RF fwd
- 5-67&8 Step LF fwd, Pivot 1/4 turn R weight on RF, Cross LF over R, step RF to R, cross LF over R

[25 - 32] POINT STEP, POINT STEP, BACK HOLD, RECOVER TOUCH

- 1-2-3-4 Point R toe to R side, Step RF beside LF, Point L toe to L side, Step LF beside RF
- 5-6 Step RF back, weight on RF, body Lean slightly back, HOLD (*Free Style Hand Styling for Counts 1-6)
- 7-8 Recover weight to LF, Touch RF beside LF

Have Fun & Happy Dancing!!!

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牆數:4