Sunny Days in My Life (해뜰날)

級數: Phrased Easy Beginner

編舞者: SoonYoung-Bae (KOR) - January 2021

拍數: 64

音樂: Sunny Days (해뜰날) - An Seong Jun (안성준)

Restart : No - Tag: No A : 32c B: 32c phrased * Sequence : A-A-A - B-B-B - A-A - B-B-B (Ending 16c)	
Part A : 32c	
S1(1-8) Jazzbo	
1-4 5-8	fwd step on LF(RF), behind RF(LF), side step to R(RF), cross over RF(LF) fwd step on LF(RF), behind RF(LF), side step to R(RF), cross over RF(LF)(12:00)
S2(9-16) Fwd mambo back, Back mambo fwd, 1/4 turn R jazzbox, Cross	
1&2	fwd step on LF(RF), recover (LF), behind LF(RF)
3&4	bwd step on RF(LF), recover(RF), fwd step on RF(LF)
5-8	fwd step on LF(RF), 1/4 turn R behind RF(LF), side step to R(RF), cross over RF(LF)(3:00)
S3(17-24) Lindy R, Vine L, Touch	
1&2	side step to R(RF), beside RF(LF), side step to R(RF)
34	back rock on RF(LF), recover(RF)
5-8	side step to L(LF), behind LF(RF), side step to L(LF), side touch beside LF(RF)(3:00)
S4(25-32) Side 1	touch, Dragging big step to R, Cross back rock, Recover, 1/4 turn step L ×2, 1/2 shuffle turn L side touch beside LF(RF)
23	dragging big side step to R(RF)
* styling : moving two arms like wings to bottom from up with body leaning to L for dragging(option)	
& 4	cross diagonal(1/8 turn L)back rock on RF(LF), recover(RF)(1:30)
56	1/8 turn L step(LF), 1/4 turn L step(RF)(6:00)
7&8	1/4 turn L step(LF), beside LF(RF), 1/4 turn L step(LF) (3:00)
Part B : 32c (interlude part) S1(1-8) Fwd step and hip bump, hip bump×3 with two hands behind a head, hip bump×4 moving to bottom from up	
1	fwd ball touch on LF(RF) and hip bump to digonal down from up with two hand behind a head
2-4	hip bump bump to digonal down from up with two hands behind a head×3
5-8	hip bump bump to digonal down from up×4 with arms moving like wings to bottom from up (12:00)
S2(9-16) Fwd, Fwd point, Bwd step, Bwd point(R-L)	
1-4	fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)
5-8	fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)(12:00)
** Ending (B part 16c) : S2's 5-8 counts are changed a part	
5-7	fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF)
&8	cross ball step behind LF(RF), 1/2 turn R (Unwind turn)
S3(17-24) 1/4 turn R, Fwd point, bwd step, bwd point, Fwd, Fwd point, Bwd step, Bwd point	
1-4	1/4 turn R step(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)
5-8	fwd step on LF(RF), fwd point on RF(LF), bwd step on RF(LF), bwd point on LF(RF)(3:00)
S4(25-32) hully gully with shimmy	





牆數:4

- 1 2 side step to R(RF) with shimmy and knee bending, shimmy and knee bending
- 3 4 step beside RF(LF), hold
- 5 6 side step to R(RF) with shimmy and knee bending, shimmy and knee bending
- 7 8 step beside RF(LF), hold

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