

Settling Down

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate NC rhythm
編舞者: Ed Evangelista (USA) - January 2021
音樂: Settling Down - Miranda Lambert



Start dancing on lyrics

TAG: 8 count tag and restart on wall 3 after 16 counts

CROSS, STEP BACK, STEP BACK, & CROSS, STEP BACK, STEP BACK & CROSS ROCK RECOVER, ¼ TURN RIGHT, SHUFFLE FORWARD RLR

1 2& 3 4& Cross R over L, step back on L, step back on R, Cross L over R, step back on R, step back on L

5 6 7&8 Cross rock R over L, recover to L, ¼ turn right, shuffle forward RLR

STEP FORWARD ON L, PIVOT ½ TURN RIGHT, SHUFFLE FORWARD LRL, SCISSOR RIGHT, SCISSOR LEFT

1 2 3&4 Step forward on L, pivot ½ turn right, shifting weight to R, shuffle forward LRL

5&6 7&8 Step R side right, step L next to R, cross R over L, step L side left, step R next to L, cross L over R

TAG AND RESTART HERE ON WALL 3 (SEE BELOW)

STEP R SIDE RIGHT, TAP L, HITCH L, ¼ TURN LEFT, SHUFFLE FORWARD LRL, MAMBO FORWARD, COASTER STEP

1&2 3&4 Step R side right, tap L toe, hitch L knee, making ¼ turn left, shuffle forward LRL

5&6 7&8 Rock forward on R, recover to L, step back on R, step back on L, step R next to L, step L forward

NIGHT CLUB RIGHT, NIGHT CLUB LEFT, PIVOT ½ TURN LEFT, STEP ¼ TURN LEFT POINT R TOE RIGHT

1 2& 3 4& Step R side right, rock L behind R, recover to R, Step L side left, rock R behind L, recover to L

5 6 7 & 8 Step R forward, pivot ½ turn left, weight on L, step R forward, pivot ¼ turn left, weight on L, point R toe to right

END OF DANCE

Tag And Restart: On Wall 3, Do The First 16, Then Rock Forward On R, Recover To L, Make ½ Turn Over Right Shoulder Shuffling RLR, Rock Forward On L, Recover To R, Make ½ Turn Over Left Shoulder Shuffling LRL.

Start The Dance Over.

You Will End The Dance Facing The Front Wall.

Have Fun & Enjoy!!

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