

Stand And Deliver (Clapton's Blues)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Elke Schadewald (DE) - January 2021
音樂: Stand and Deliver (feat. Van Morrison) - Eric Clapton



Note: The dance starts after 32 counts - 1 restart, no tags

S1: Side-Drag, Side, Behind, ¼ Turn, ½ step Turn, ¼ Turn right

- 1, 2 Step LF to left, drag RF close to LF, bending slightly to the left + snap fingers
- 3, 4, 5 Step RF to right, cross LF behind, step RF forward with ¼ turn (3:00)
- 6, 7, 8 Step LF forward, ½ Step Turn weight on RF, ¼ turn + step LF to left (12:00)

S2: Behind, Point, Cross, Point, Jazzbox with ¼ Turn right

- 1-4 Step RF behind LF, point LF to left side, cross LF over RF, point RF to right side
- 5, 6 Step (opt.: sweep) RF over LF, step LF back with 1/8 turn
- 7, 8 Step RF to right with 1/8 turn, cross LF over RF *) (3:00)

S3: Back, Hook, slow diagonal Step Lock Step, Sweep, Cross, Back

- 1, 2 Step RF back with 1/8 turn left, lift LF in front of right shinbone (1:30)
- 3, 4, 5 Step LF forward, step RF behind LF, step LF forward (all on the diagonal to 1:30 Uhr)
- 6, 7, 8 Sweep RF forward (6), 1/8 turn right + cross RF over LF (7), step LF back (8) (3:00)

S4: Weave, Side, Drag, Cross Rock

- 1-4 Step RF to right, cross LF over RF, step RF to right, cross LF behind RF
- 5-8 (big) Step RF to right, drag LF close, cross LF over RF, recover to RF

S5: Side Rock, Back l + r, ½ turn

- 1, 2, 3 Step LF to left, recover to RF, step LF back
- 4, 5, 6 Step RF to right, recover to LF, step RF back
- 7, 8 ¼ turn left + step LF forward, ¼ turn on left ball + drag RF close (9:00)

S6: Back, Point, Side, Touch, Rolling vine

- 1, 2 1/8 turn left + step RF back, point left toe to left diagonal (7:30)
- 3, 4 1/8 turn right + step LF to left, touch RF next to LF (9:00)
- 5, 6 ¼ turn left + step RF back, ½ turn left + step LF forward,
- 7, 8 ¼ turn left + step RF to right, touch LF next to RF (9:00)

*) Restart in wall 7 (wall 7 starts direction 6:00) after 16 counts, direction 9:00.

Replace Count 8 of the 2nd section (LF crosses over RF) with "tap LF next to RF" and restart the dance.