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拍數: 32 牆數:4 級數: Intermediate 編舞者: Rebecca Lee (MY) - January 2021 音樂: Mo (默) - Jason Chen & Li Qi (李琦): (Na Ying (那英) Cover) Intro: 20 counts R forward, Rock L Forward, ½ turn L, Full Turn L, L Behind R Side, L Cross Rock, Sway L, Sway R Step R forward 2&3 Rock L forward, Recover R, <sup>1</sup>/<sub>2</sub> turn L Step L forward (6.00) 1/2 turn L stepping back on R, 1/2 turn L stepping forward on L 1/4 turn L stepping side on R 4&5 (3.00)6&7& Step L behind R, Step R to R side, Cross rock L over R facing R diagonal (4.30), Recover R 8& Step L to L Side with slightly body sway to L, Step R to R small step with body sway to R L Side, R Coaster Step, L Hitch, L Coaster Step, R Sweep, Syncopated Half Diamond, Lunge Step L to L Side 2&3 Step R back, Step L next to R, Step R forward while hitching L knee 4&5 Step L back, Step R next to L, Step L forward while sweeping R from back to front 6&7 Cross R over L while making 1/8 turn L (4.30), Step L diagonally back, Step R back (4.30) 8&1 Step L back, Step R to R side while making 1/8 turn L (4.30), Lunge L diagonally R (7.30) L Side, R Cross Rock, LR Body Sway, L Side, R Back Rock, ¼ Turn R Step 2&3 Recover R, Step L to L side, Lunge R diagonally L (4.30) 4& Recover L, Step R to R side (6.00) 5,6 Step L to L while body sway to L, Sway body to R 78& Step long step L to L side dragging R next to L, Rock R slightly behind L, Hand Styling, L Out R Out, L Step Sweeping R, R Cross, L Back, R Back, L Cross, R Back, L Draw 1,2 1/4 R Step R forward with extend L hand forward like reaching for someone far (9.00) &3 Step L to L side, Step R to R Styling: (with holding body weight on the toes/ reach R arm up ) Step L forward slightly while sweeping R from back to front 5&6& Cross R over L, Step L back , Step R back, Cross L over R 7,8 Step R back, Draw L next to R transfer weight to L Restart at WALL 2 dance up to 16counts, on count 8 make a 1/8 turn L step L next to R facing (12.00) **Dance Your Heart Out** 

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