

# Give It Up

**COPPER** KNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lisa McCammon (USA) - February 2021  
音樂: Give It Up - Suzy V : (Album: Pages Full Of Thoughts)



#8 count intro

Alt. music:-

Country: Down To One by Luke Bryan; CD Here's To The Good Times; 86 bpm

R&B: Shoulda Known Better by Case; CD The Rose Experience; 94 bpm

Clockwise rotation; start weight on L

## WIZARD R, WIZARD L; STEP, BOUNCE-BOUNCE-BOUNCE, CROSS ROCK-RECOVER-SIDE

- 1, 2&      Step forward R, lock L, step forward R
- 3, 4&      Step forward L, lock R, step forward L
- 5          Smallish step forward R (weight even on balls of feet)
- 6&7      Bounce heels 3X whilst turning left  $\frac{1}{4}$  [9], ending weight on L (over-rotate slightly)
- 8&1      Cross rock R, recover L, step R to side (now squared to wall)

## BACK ROCK-RECOVER-POINT; BACK ROCK-RECOVER-SIDE, "TOASTER" $\frac{1}{4}$ , STEP-TURN-CROSS

- 2&3      Rock back onto L, recover R, POINT L to side
- 4&5      Rock back onto L, recover R, STEP L to side (hint: stomp on 5 while you're learning to make sure you change your weight)
- 6&7      (turning coaster) Turn right  $\frac{1}{4}$  [12] stepping back L, close L, step R forward (let it flow)
- 8&1      Step forward L, turn right  $\frac{1}{4}$  [3] onto R, cross L (this is your new wall)

## SWAY R, RECOVER, BEHIND-SIDE-CROSS, OUT-IN-OUT, COASTER

- 2-3      Step R to side swaying onto R, recover onto L (momentum left)
- 4&5      Step R behind, step L to side, cross R (hint: bend R knee slightly so you keep weight on it)
- 6&7      Point L toes out, touch L toes home, point L toes out (weight stays right)
- 8&1      Step back L, close R, step forward L

## ROCK, RECOVER (SWEEP R) BACK-&-BACK (SWEEP L), BACK-&-BACK, BACK-CLOSE

- 2-3      Rock forward R, recover L, sweeping R back
- 4&5      Step back R, step L ball home, step back R (styling option: "pony" back, lifting knees slightly)
- 6&7      Step back L, step R ball home, step back L (styling option as above)
- 8&      Step back R, close L

**OPTIONAL ENDING:** The last repetition starts facing the front wall. Dance through counts 4&5 of the third set (behind-side-cross).

**Weight is on your right, and you're facing 3:00.**

- 6-7      Step L to side swaying L, sway/recover onto R
- 8&1      Step L behind, step R to side, cross L

As music slows and fades, unwind over right shoulder to face the front.

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