

# Getting Over You

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Deborah O'Hara (CAN) - January 2021  
音樂: Helping Me Get over You (feat. Travis Tritt) - Lari White



Intro. Start dance after 18 count. 2 counts into Vocals.

**\*\*2 Restarts after 16c on wall 5 & 10 last wall**

**Diagonal , Step, Sweep, Cross over, Step Back R, Step Back L/ Hitch R, Step behind, Open, Cross, Scissors, Triple**

1 2&3      Step R to 11:30, Sweep/swivel to 12:00, Step L over R, Step R back to 1/8 L, Back L & Hitch R (facing 11:30)  
4&5      Step R behind L, Open L, Step R over L  
6&7      Step L foot to Side, Bring R to L and cross L over R  
8&1      Step R back 1/4 L, Step L fwd 1/2 L, step R 1/4 together

**Fwd L, Rock fwd R, Recover L, Open R 1/4, pull L ft. to R, Cross over , Open R, Cross behind R, Step 1/8 R, Hitch L, pivot 1/2**

2      Step forward L  
3&4      Rock fwd R, Recover on L while starting 1/4 turn R, Open R & drag L foot to R (open to 1:30)  
5&6      Cross L over R, Open R, Cross L Behind R  
7 - 8      Step R 1/8 R to (3:00) while hitching L knee to R, Pivot 1/2 R (restart here see note below))

**Swivel Steps (Dirty Shoe) Quick Swivel Steps, Cross Step Back 1/4 L**

1 - 2      Stepping L foot over R swivel 1/8 R, Drag R toe from back to front swivel 1/4 to L  
3 - 4      Stepping R foot over L, Drag L toe from Back to front while you swivel 1/4 to R  
5 - 6      Step L over R while swiveling 1/4 to L dragging R toe, , Step R over L while dragging L toe  
7 & 8      Step L over R while swiveling to R, Step Back 1/8 L on R, Step Back 1/8 L on L

**Step back 1/4 R, Recover 1/4 L, Triple full L, Step fwd L, Recover R while sweeping L back, Sweep R Back, Rock Recover**

1 - 2      Step R foot back 1/4 R Looking back over R shoulder, Recover L 1/4 L (prepping for full turn)  
3 & 4      Step R 1/4 L, Step L 1/2 L, Step R 1/4 L  
5 - 6      Rock fwd L, Recover R as you sweep L foot from Front to Back  
7      Step L behind R as you sweep R foot from Front to Back  
8&      Step back on R, Recover L

**Note: On Restart you will Do A 3/4 turn R and step on L ft. Both times it will bring you to 12:00**