

Hearts Less Broken (P)

COPPER KNOB
STEPPERS

拍數: 48 牆數: 0 級數: Partner / Circle
編舞者: Don Carleton (USA) & Christine Shine (USA) - December 2020
音樂: Little Less Broken - Luke Bryan



Position: Open Promenade, lady's left hand in man's right
Opposite footwork unless noted, man's step listed
Intro 16 counts

WALK, WALK, SHUFFLE, ¼ TURN SIDE, BEHIND SHUFFLE TO SIDE

1,2,3&4 Walk right, left, shuffle right
5,6,7&8 ¼ turn right, step left to side, step right behind, shuffle to left side

CROSS ROCK, SIDE ROCK, CROSSING SHUFFLE, SIDE ROCK, PIVOT ¼ TURN

1,2,3,4 Cross right over left, recover to left, rock right to right side, recover to left
5&6,7,8 Crossing shuffle down line of dance, rock left to left side, pivot ¼ turn to right (weight to right) (RLOD)

SHUFFLE ½ TURN, ROCK BACK, RECOVER, SHUFFLE, SHUFFLE

1&2,3,4 Shuffle ½ turn right (left, right, left), rock back on right, recover to left

Restart here during the fifth rotation

5&6,7&8 Shuffle forward right, left, right, shuffle forward left, right, left

WALK, WALK, SHUFFLE, Man: rocking chair, Lady: ¼ turn, ¼ turn step back rock, recover

1,2,3&4 Walk right, walk left, shuffle forward right, left, right
5,6,7,8 Man: rock forward on left, recover to right, rock back on left, recover to right
5,6,7,8 Lady: ¼ turn left stepping right to side, ¼ turn left stepping back on left, rock back on right, recover to left

Two hand hold

RIGHT SIDE PASS TO BASKET CATCH, WALK, WALK, SHUFFLE TO CLOSED POSITION

1,2,3&4 Man: step back on left, cross right in front of left, ½ turn right shuffle left, right, left (crossing behind lady)

Lift left hand over lady's head keeping right hand at her waist (basket catch)

1,2,3&4 Lady: walk forward (RLOD), right, left, shuffle right, left, right
5,6,7&8 Man: Turning ¼ turn right step back on right, step left to left side, shuffle ¼ turn right to closed position

On count 5 drop right hand

5,6,7&8 Lady: Walk back left, right, shuffle back left, right, left

WALK, WALK SHUFFLE, Man: Rocking Chair, Lady back rock, ½ pivot turn

1,2,3&4,5,6,7,8 Man: Step forward left, right, shuffle forward left, right, left

On count 6 return to 2 hand hold

Rock forward on right, recover to left, rock back on right, recover to left

On 6 drop left hand

1,2,3&4,5,6,7,8 Lady: Walk back right, left, shuffle back right, left, right, rock back on left, recover to right, Step forward on left, pivot ½ turn right (weight to right)

Smile and Begin Again

Restart after 20 counts of the fifth rotation,