Strip It Down

級數: Beginner

編舞者: Georgie Mygrant (USA) - February 2021

牆數:4

音樂: Strip It Down - Luke Bryan

Intro: 16 counts	
Cross point R/L back R/I	
1-2	Step R across left, Point Lf to side
3-4	Step L across Right, Point Rf to side
5-6	Step R behind Lf, Point Lf to side
7-8	Step L behind R, Point Rf to side, swing R around, ready for next step.
Rock Back, Walk steps front, Repeat on L	
1-4	Rock back of R, return to L, and Step forward R/L/R
5-8	Rock forward on L, return to R, and Step back L/R/L
Vine R & L	
1-4	Step R, L behind R, step R, Touch L to R,
5-8	Step L, R behind R, step L, touch R to L
** (Also works great with a rolling vine for more advanced dancers)	
Jazz Box, 2x turning R	
1-4	Step R over L, step back on L, step R, step L to R
5-8	Step R over L, step back on L, step R turning R, step L to R
Start over. No tags, Enjoy. mygeo@adamswells.com	

I would love it if someone could do a demo of this for me, and post it!





拍數: 32