Woman's Got Soul

拍數: 32

級數: Easy Improver

編舞者: Val Saari (CAN) - February 2021

音樂: Woman's Got Soul - The Impressions

Intro: 16 counts

*ONE EASY TAG & RESTART: 8 Counts, after Wall 2 facing 6:00

BRUSH FWD/ACROSS/FWD, TOGETHER (RL)

- 1-2 Brush RF forward, Brush RF across L (8:00)
- 3-4 Brush RF diagonally forward (1:00), Step RF together
- 5-6 Brush LF forward, Brush LF across R (4:00)
- 7-8 Brush LF diagonally forward (11:00), Step LF together

TOE STRUTS BACK (RL), SYNCOPATED OUT-OUT-IN-IN

- 1-2 Touch RF toes back, Drop heel
- 3-4 Touch LF toes back, Drop heel
- &5-6 Step RF right (&), Step LF left (5), Snap fingers (6)
- &7-8 Step LF right (&), Step RF together, weight still on LF (7), Snap fingers (8)

RF KICK-BALL POINT L, SYNCOPATED POINT R, RF ROCKING CHAIR

- 1&2-3 Kick RF Forward, Step RF next to Left, Point LF Toes to Left Side, hold (3)
- &4 Step LF right, Point Right Toe to Right Side (4)
- 5-6 Rock RF forward, Recover LF
- 7-8 Rock RF back, Recover LF

JAZZ BOX TURN R 1/8, 1/8

- 1-2 Step RF over L, Step LF back turn 1/8 R
- 3-4 Step RF forward, Step LF forward
- 5-6 Step RF over L, Step LF back turn 1/8 R
- 7-8 Step RF forward, Step LF forward*

REPEAT

TAG *ONE EASY TAG & RESTART: 8 Counts, after Wall 2 facing 6:00

SIDE TOUCHES BACK X 4

- 1-2 RF Step back, LF touch beside RF (optional shoulder shimmies)
- 3-4 LF Step back, RF Touch beside LF (optional shoulder shimmies)
- 5-6 RF Step back, LF touch beside RF (optional shoulder shimmies)
- 7-8 LF Step back, RF Touch beside LF (optional shoulder shimmies)

(Restart)

Email: valeriesaari@icloud.com Phone: 1-905-246-5027





牆數:4