Bust Your Windows

級數: Intermediate

編舞者: Christy Kam (USA) - February 2021

音樂: Bust Your Windows - Jazmine Sullivan



*4 Count intro, start with the lyrics

拍數: 32

Section 1 - Prep R, forward rock, cha cha back, drag to the R, shuffle R.

牆數:4

- 1 Step right foot to the right side
- 2,3 Left foot steps forward, replace weight to right foot
- 4&5 Left foot steps back, right foot steps forward and across left, left foot steps back
- 6-7 Step to the right on a bend leg, slowly straighten right leg
- 8&1 Left foot steps forward and across the right, right foot side, left steps forward and across the right

Section 2 - Hip roll, vine with 1/4 left, hitch, 3 backward steps

- 2-3 Right foot to right and circle hips clockwise
- 4&5 Right steps behind and across, left to side, ¼ left as right foot steps forward to face 9:00 6 Hitch left leg
- 7,8,1 Step back on left, right, left (can do batucadas for extra flair)

Section 3 - Flick, 1/8 L cross, side break, ¼ left cha cha forward, forward rock and step back

- 2, 3 Flick right leg across left and stop onto it
- 4&5 Step left to 7:30 completing 1/8 turn left, side on right, return weight to left foot
- 6&7 Quarter turn left to face 4:30 and step right forward, left steps behind right, forward on right foot
- 8&1 Left foot steps forward, return weight to right, left foot steps back

Section 4 - 1/2 left turning box, cha cha forward, flick, hip roll

- 2&3 Right foot steps back, ¼ left and step foot to left, right foot steps forward to 1:30
- Left steps forward, right steps behind left, left steps forward 4&5
- 6 Flick right foot behind
- 7-8 Roll hips clockwise

Restarts: Dance 4 times, then do tag

Tag: Side tap x 3, then side hitch

- Step right to right side, tap left foot to right foot 1,2
- 3,4 Step left to left side, tap right foot to left foot
- 5,6 Step right to right side, tap left foot to right foot
- Step left to left side, bring right foot to figure four for hitch 7,8

E-Mail: christykam@me.com