Hallelujah sing Hallelujah



拍數: 96 牆數: 4 級數: Phrased Improver

編舞者: Claudia Arndt (DE) - February 2021

音樂: It's A Beautiful Life (Hallelujah) - Sarah Jane Scott



Phrased: A, B, Tag, C, B, A, B, B, B, B, A, Tag, C, B, B (Counts: A=32, B=32, C=32)

Start: dance begins with singing

Phrased: A

1-2	RF step forward with crossing RF over LF, Point left to the left side,
3-4	LF step forward with crossing LF over RF, Point right to the right side,
5-6	RF step forward with crossing RF over LF, Point left to the left side,

7-8 Drag LF to the RF,

Section 2 - Chasse (r), Rock back, Step Turn ½, Shuffle fwd.

1&2	RF step to the right - close left beside right - RF step to the right,
3-4	LF step backwards, raise RF a little, weight back on RF,
5-6	LF step forward, ½ turn to the right on both balls,
7&8	LF step forward - RF step next to LF - LF step forward,

Section 3 - Cross fwd., Point Side, Cross fwd., Point Side, Cross fwd., Point Side, Drag,

1-2	RF step forward with crossing RF over LF, Point left to the left side,
3-4	LF step forward with crossing LF over RF, Point right to the right side,
5-6	RF step forward with crossing RF over LF, Point left to the left side,

7-8 Drag LF to the RF,

Section 4 - Chasse (r), Rock back, Recover, Step Turn ½, Shuffle fwd.

1&2	RF step to the right - close left beside right - RF step to the right,
3-4	LF step backwards, raise RF a little, weight back on RF,
5-6	LF step forward, ½ turn to the right on both balls,
7&8	LF step forward - RF step next to LF - LF step forward.

^{**2.}Tag: end of 3th part A at 3:00 o'clock

Phrased: B

Section 1 - Chasse (r), Rock back, Recover, Chasse (I), Rock back, Recover, 1&2 RF step to the right - close left beside right - RF step to the right,

. ~~	The stop to the right stops for booled right. The stop to the right
3-4	LF step backwards, raise RF a little, weight back on RF,
5&6	LF step to the left - close right beside left - LF step to the left,
7-8	RF step backwards, raise LF a little, weight back on LF,

Section 2 - 2x Lindy Shuffle fwd. (r,l), Rockin' Chair,

1&2	RF step forward - LF close to RF - RF step forward,
3&4	LF step forward - RF close to LF - LF step forward,
5-6	RF step forward, weight back onto LF,
7-8	RF step backwards, weight back on LF,

Section 3 - Side Rock, Recover, Cross Shuffle (I), Side Rock, Recover, Cross Shuffle (r),

1-2 Step right	the right, weight back on left,
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3&4 Cross RF over LF - Step left to the left side - cross RF over LF,

5-6 LF step to the left, weight back on RF,

Have fun dancing and always smile nicely.

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