Don't Believe

拍數: 32

級數: Beginner

編舞者: Claudia Arndt (DE) - February 2021

音樂: Don't Believe - Mehrzad Marashi

Start: Dance begins with singing

Section 1 - Step Side togethe	[·] (r), Shuffle fwd. (r),	, Step Side together (I), Step back (I, r)
-------------------------------	-----------------------------------------	------------------------------------------------

- 1-2 RF step to the right, LF to add to RF,
- 3&4 RF step fwd. add LF to RF, RF Step fwd.
- 5-6 LF step to the left, RF to add to LF,
- 7-8 LF step back, RF step back,

Section 2 - Step back (I), Toe Touch (r), Step Touch fwd. (I), Step back (I), Toe Touch, (r), Step Touch fwd. (I),

- 1-2 LF step back, RF bale tap on,
- 3-4 RF deduct, LF step forward, and tap with the verses,
- 5-6 LF step back, RF bale tap on,
- 7-8 RF deduct, LF step forward, and tap with the verses,

Section 3 - Step Side (I, r, I), Chasse ¼ Turn,

- 1-2 LF step to the left, add RF to LF,
- 3-4 RF step to the right, LF to add to RF,
- 5-6 LF step to the left, RF to add LF,
- 7&8 LF step to the left, turn RF next to the LF, taking a ¼ turn to the left, LF step forward,

Section 4 - Step Turn ½, Shuffle fwd. Full Turn, Shuffle fwd.

- 1-2 RF step forward, with a 1/2 rotation to the left, weight on LF,
- 3&4 RF Step Forward, add LF to RF, RF Step Forward,
- 5-6 LF step forward with full turn to the right, weight on RF,
- 7&8 LF Step forward, add RF to LF, LF step forward,

Bridge /Day : End of 9 wall at 3 o'clock

Step Side ,(r) Step Side , (I)

- 1-2 RF to the right, add LF to the RF,
- 3-4 LF to the left, add RF to the LF,

Have fun dancing, and always smiling nicely.

E-Mail: claudia.arndt@web.de

Last Update - 7 May 2021





牆數:4