7 Summers

級數: Absolute Beginner

編舞者: Laura Rittenhouse (AUS) - February 2021

牆數:4

音樂: 7 Summers - Morgan Wallen

Start after 32 beats

S1: STEP R FWD, TOE POINT WITH L TO CENTRE/LEFT/CENTRE; REPEAT STEPPING L FWD

- 1,2,3,4 Step R fwd, Touch L beside R, Point L toe to L, Touch beside R
- 5,6,7,8 Step L fwd, Touch R beside L, Point R toe to R, Touch beside L

S2: LOCK BACK R, L

- 1,2,3,4 Step R back, Lock L in front of R, Step R back, Hold
- 5,6,7,8 Step L back, Lock R in front of L, Step L back, Hold

S3: CROSS ROCK WITH CHA CHA L & R

- 1,2,3&4 Cross R over L, Recover L, Step R beside L, Step L in place, Step R in place
- 5,6,7&8 Cross L over R, Recover R, Step L beside R, Step R in place, Step L in place

S4: VINE R, VINE L WITH ¼ TURN L

- 1,2,3,4 Step R to R, Cross L behind R, Step R to R, Touch L beside R
- 5,6,7,8 Step L to L, Cross R behind L, Turn ¼ L stepping L (9:00), Touch R beside L





拍數: 32