Be a Light

COPPER KNOB

拍數: 32

牆數:4

級數: Beginner / Improver

編舞者: Kristin Pedersen (USA) - February 2021

音樂: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) - Thomas Rhett



VINE RIGHT, TURNING VINE LEFT

- 1-2 Step R, L behind R
- 3-4 Step R, touch L
- 5-6 Step L, R behind L
- 7-8 Step L ¼ turn left, touch R (beginning)
- 7-8 *Step L 1 ¼ turn left (improver/intermediate)

RESTART HERE the 3rd time though you will be facing 3:00

TRIPLE-STEP RIGHT, STEP-TURN RIGHT, COASTER, TRIPLE-STEP

- 1&2 R triple-step forward (R-L-R)
- 3-4 Step forward L, pivot-turn ¼ R
- 5&6 Step back L, step back R to meet L, step forward L
- 7&8 R triple-step forward (R-L-R)

LINDY LEFT, LINDY RIGHT WITH ¼ TURN LEFT

- 1&2 Triple-step L (L-R-L)
- 3-4 Rock back R behind L, recover L
- 5&6 Triple-step R (R-L-R)
- 7-8 Rock back L behind R while turning ¼ L

TRIPLE-STEP FORWARD, ROCK-RECOVER, TRIPLE-STEP BACK, COASTER

- 1&2 Triple-step forward Left (L-R-L)
- 3-4 Rock forward R, recover L
- 5&6 Triple-step back right (R-L-R)
- 7&8 Step back L, step back R to meet L, step forward L

RESTART: Beginning the dance for the 3rd time at 3:00 wall, do group 1. Upon turning to 3:00 wall, restart the dance. You are essentially doing the first set twice.

PAUSE: There is a slight 2-count pause on wall 8 also the 3:00 wall. After you finish the dance you will be facing 3:00 just pause for the 2 counts and start the dance.

Submitted by - Jean Henke: 3roses@ix.netcom.com

