

# Sure In My Heart

**COPPER** KNOB  
STEPSHEETS

拍數: 72      牆數: 4      級數: Improver  
編舞者: Susanne Flynn (USA) - January 2021  
音樂: You're the One - Tracy Chapman : (Album: Greatest Hits)



Start on vocals - No tags or restarts

## Heel Stretch R/L, Lindy R, V Step, Rocking Chair

- 1-4      R Heel to front, recover, L Heel to front, recover
- 5-8      Shuffle to R side (5&6), step L behind R, Recover on R
- 9-12      Step out diag L Step out diag R, Recover back L recover back R
- 13-16      Rock F on L, Recover, Rock B on L, Recover

## Heel Stretch L/R, Lindy L, V Step, Rocking Chair

- 1-4      L Heel to front, recover, R Heel to front, recover
- 5-8      Shuffle to L side (5&6), step R behind L, Recover on L
- 9-12      Step out diag R Step out diag L, Recover back R recover back L
- 13-16      Rock F on R, Recover, Rock B on R, Recover

## Cross Dip Step Left 3x, Cross Dip Sweep

- 1-2      Step R foot in front of L with slight dip, step L foot to left
- 3-4      Step R foot in front of L with slight dip, step L foot to left
- 5-6      Step R foot in front of L with slight dip, step L foot to left
- 7-8      Step R foot in front of L with slight dip, sweep L foot to front

## Cross Dip Step to R 3x, Cross Dip Sweep

- 1-2      Step L foot in front of R with slight dip, step R foot to right
- 3-4      Step L foot in front of R with slight dip, step R foot to right
- 5-6      Step L foot in front of R with slight dip, step R foot to right
- 7-8      Step L foot in front of R with slight dip, sweep R foot to front

## Rock Front, Shuffle Back, Rock Back, Shuffle Forward

- 1-2      Step R forward, Recover back on L
- 3&4      Step R back, Step L next to R, Step R back
- 5-6      Step L back, Recover forward on R
- 7&8      Step L forward, Step R next to L, Step L forward

## Monterey 2x, Pivot ½ L, Pivot ¼ L

- 1-4      Point R to R side, recover ¼ turn R, Point L to L side, Recover
- 5-8      Point R to R side, recover ¼ turn R, Point L to L side, Recover (6:00)
- 9-12      Step R foot forward, hold, pivot ½ turn to L, hold(12:00)
- 13-16      Step R foot forward, hold, pivot ¼ turn to L, hold (9:00)

Contact: [sflynn32949@gmail.com](mailto:sflynn32949@gmail.com)