Sweet & Sour

級數: Improver

編舞者: Hiroko Carlsson (AUS) - March 2021

牆數:4

音樂: Sweet & Sour (feat. Lauv & Tyga) - Jawsh 685 : (Spotify)

(Intro: 24 counts)	
[S1] Fwd, 1/8L Run Fwd, 1/4L-Together, Run Fwd, 1/4R-Together 1 Step forward on R	
2&3&4	Make a 1/8 turn left run forward on L-R-L-R-L (10:30)
&5	Make a ¼ turn left stepping R to the side, Step L together (7:30)
6&7&8	Run forward on R-L-R-L-R
&1	Make a ¼ turn right stepping L to the side, Step R together (10:30)
[S2] Cross-Side Rock-Cross-Side Rock, Box 1/8L w/ Touch	
2&3	Cross L over R, Rock R to the side, Recover weight on L
&4&	Cross R over L, Rock L to the side, Recover weight on R
5678	Cross L over R, Make a 1/8 turn left stepping back on R, Step L to the side, Touch R next to L** (9:00)
[S3] Rocking Chair, 1/2 Chase Turn-Fwd, Rocking Chair, 1/4 Chase Turn-Fwd	
1&2&	Rock forward on R, Recover weight on L, Rock back on R, Recover weight on L
3&4	Step forward on R, Make a $\frac{1}{2}$ turn left recover weight on L, Step forward on R (3:00)
5&6&	Rock forward on L, Recover weight on R, Rock back on L, Recover weight on R
7&8	Step forward on L, Make a ¼ turn right recover weight on R, Step forward on L (6:00)
[S4] Run Fwd, Fwd Coaster, Run Back, Sailor Step (1)-	
1&2&	Run forward on R-L-R-L
3&4	Step forward on R, Step L next to R, Step back on R
5&6&7	Run back on L-R-L-R-L
8&(1)	Make a ¼ turn right stepping R behind L, Step L beside R -Step forward on R on count 1 to start again.
Restart: On Wall 6 count 16**(6:00) Ending suggestion: The last wall starts at 3:00. Dance up to count 16 (12:00).	

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 10/Mar/21)





拍數: 32