You are The One AB



拍數: 32 編數: 4 級數: Absolute Beginner / Beginner

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音樂: One in a Million - Mark Tuan & Sanjoy



Start: On the lyrics (9s approximatly) Sequence: A-A-A-16-A-A

[1-8] Side, Together, Side, Touch, Side, Together, Side, Touch

1-2 RF to the R side, LF next to RF

3-4 RF to the R side, Touch LF next to RF

5-6 LF to the L side, RF next to LF

7-8 LF to the L side, Touch RF next to LF

[9-16] Rumba-box modified

1-2	RF to the R side, LF next to RF
3-4	RF FW, Touch LF next to RF
5-6	LF to the L side, RF next to LF
7-8	LF FW, Touch RF next to LF*Restart

[17-24] Back, Back, Heel, Hook, Heel, Hook, Back, Back, Heel, Hook, Heel

1-2 RF Back, LF Back

3&4 Touch R Heel FW, Hook RF over LF, Touch R Heel FW

5-6 RF Back, LF Back

7&8 Touch R Heel FW, Hook RF over LF, Touch R Heel FW

[25-32] Side, Touch, Side, Touch, Side 1/4 L, Together, Side, Touch

1-2 RF to the R side, Touch LF next to RF3-4 LF to the L side, Touch RF next to LF

5-6 Make ¼ L with RF to the R side, Touch LF next to RF

7-8 LF to the L side, Touch RF next to LF

Option: Absolu Beginner 1 Wall

[25-32] Side, Touch, Side, Touch, Side, Together, Side, Touch

1-2 RF to the R side, Touch LF next to RF
3-4 LF to the L side, Touch RF next to LF
5-6 RF to the R side, Touch LF next to RF
7-8 LF to the L side, Touch RF next to LF

Smile and enjoy the dance

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