

拍數: 32 編數: 4 級數: Easy Intermediate

編舞者: Sonny V. (DE) - March 2021

音樂: Stay - Michael Schulte



Start to count after the words "I should run away but..." - the dance starts after 8 counts Restart - Wall 5

[1-8] Fwrd. with Body Roll*, Recover, Close, Back, Point, Fwrd. with Body Roll*, Recover Coaster Step, ½ Turn Right

1-2& RF fwrd. with body roll fr. head downw. (1) - rec. on LF (2) - RF close next to LF (&)

3-4 LF back (3) - RF point right (4)

5-6& RF fwrd. with body roll fr. head downw. (5) - rec. on LF (6) - RF close next to LF (&)

7-8 LF fwrd. (7) - ½ turn right step on RF (8) 6:00

(*Easier Option: just dance Rock Steps Fwrd. instead of Body Rolls)

[9-16] Side, Behind Side Cross Rock, Recover, Side Behind Side Cross Rock, Recover, Touch

1-2& LF left (1) - RF behind LF (2) - LF left (&)
3-4 RF cross rock over LF (3) - recover on LF (4)
5-6& RF right (5) - LF behind RF (6) - RF right (&)

7-8& LF cross rock over RF (7) - recover on RF (8) - touch LF next to RF (&)
*RESTART here in Wall 5 (6:00) and change last count (dance close instead of touch)
7-8& LF cross rock over RF (7) - recover on RF (8) - close LF next to RF (&)

[17-24] Back Lock Back, Touch, Back Lock Back, Touch, Side Rock, Recover, Close, Fwrd., Fwrd., Close

1&2& LF back (1) - RF lock in front of LF (&) - LF back (2) - RF touch next to LF (&) 3&4& RF back (3) - LF lock in front of RF (&) - RF back (4) - LF touch next to RF (&)

5-6& LF rock left (5) - recover on RF (6) - LF close next to RF (&)

7-8& RF fwrd. (7) - LF fwrd. (8) - RF close next to LF (&)

[25-32] Side Chassé Left, Touch, ¼ Turn Right Chassé Right, Touch, ¼ Turn Right Chassé Left, Touch, ¼ Turn Right Side Rock, Recover, Touch

1&2& LF left (1) - RF next to LF (&) - LF Left (2) - RF touch next to LF (&)

3&4& ¼ turn right RF right (3) 9:00 - LF next to RF (&) - RF right (4) - LF touch next to RF (&) 5&6& ¼ turn right LF left (5) 12:00 - RF next to LF (&) - LF left (6) - RF touch next to LF (&) 7-8& ¼ turn right RF rock right (7) 3:00 - recover on LF (8) - touch RF next to LF (&)

Start again and enjoy...

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