## **Try Your Best**



編舞者: Jane Young (TW) - March 2021

音樂: Try Everything - Shakira



#### Intro: 32 count on the word "Tonight " No Tag / No Restart

#### [1-8] R Stomp, Hold, Touch, Slide, Cross, Recover, 1/4 R ,Fwd, Recover, Back , Hitch R across L-leg

1-2& Stomp R to R (hands spread to both sides ), Hold, Touch L next R

3 Slide L to L side

4&5 Cross R over L, Recover onto L ,1/4R R to R6-7& L fwd (roll body fwd ), Recover onto R, L step back

8 R Hitch across L-leg (both hands snap down both side) 3:00

#### [9-16] Cross Samba R & L, Volta Step 3/4 R-turn, Stomp fwd

1&2 R- Samba (with traveling) R cross L, step L to L, step R to R
3&4 L - Samba (with traveling) L cross R, step R to R, step L to L

5&6& 1/4R R fwd, L behind R,1/4R R fwd, L behind 7&8 1/4R R fwd, L behind R, Stomp R fwd 12:00

# [17-24] L Cross, R to R side, L Heel Dig ,Step next to R , R Cross, L to L side, R Heel Dig, Step R next to L, Tap L toe beside ,Step L next to R, Touch R heel fwd , Step R next to L , 1/4L tap L beside R, Step L next to R, Stomp R

1&2& Cross L over R, Step R to R, Dig L heel fwd, Step L next to R
3&4& Cross R over L, Step L to L, Dig R heel fwd, Step R next to L
5&6& Tap L toe beside R, Step L next R, Touch R heel fwd, StepR next L
1/4L-turn Tap L toe beside R, Step L next R, Stomp R to R 9:00

### [25-32] L to L, Cross R behind L touch, R to R, Recover onto L (with hands motion as below)1/4R fwd shuffle, 1/2R back shuffle

1-2 L to L ( clicking R hand up above head), Cross touch R behind L ( clicking R hand down

below waist)

3-4 R to R (clicking R hand out to R side), twist body to the L weight on L (cross R hand over L

hip & looking to the L)

5&6 1/4R R fwd, L together R, R fwd (R fwd shuffle) 12:00

7&8 1/2R L back, R together L, L backward (L back shuffle) 6:00

#### Restart

Ending: 11W (12:00) after 8 count (sec-1)

1-4 Cross R over L ,1/4L unwind facing 12:00 , point L to L and pose

Update: 5/4/2021

Last Site Update - 9 May 2021