A Beautiful Morning

級數: High Beginner

編舞者: Rosie Multari (USA) - March 2021

音樂: A Beautiful Morning (Single Version) - The Rascals : (Album: Time Peace: The Rascals Greatest Hits - Amazon.com)

** For the StreamLine Birthday Week March 18, 2021 **

1 tag, 1 Restart

Start on vocals "morning is count 1" ~ 10 secs

[1-8] SWAYS ½ TURN LEFT HITCH R, SWAYS ¼ TURN RIGHT HITCH L

牆數:4

1-4 Sway L (1) R (2), turn ¼ left stepping L (3), 1/4 turn left hitching R slightly (4) (6:00)

5-8 Sway R (5) L (6), turn ¼ right stepping R (7) hitching L slightly (8) (9:00)

[9-16] MAMBO FORWARD, KICK R, ROCK BACK ½ TURN LEFT, HOOK L

- 1-4 Rock forward L (1) recover R (2), step L back (3), low kick R (4)
- 5-8 Rock back R (5) recover L (6), ½ turn left stepping back on R (7), hook L in front of R (8)* (3:00)

*Restart on Wall 7 facing 9:00

[17-24] LOCK STEP L, SCUFF R, STEP SWEEP 2X

- 1-4 Step forward L (1), lock R behind L (2), step forward L (3) scuff R (4)
- 5-8 Step forward R (5) sweep L forward (6) step L forward (7) sweep R forward (8) (3:00)

[25-32] ROCK, ¼ TURN RIGHT, WEAVE, ¼ TURN RIGHT, TOUCH

- 1-4 Rock R forward, slightly over L (1), recover L (2) ¼ turn right stepping on R (3) cross L over R (4) (6:00)
- 5-8 Step R to right (5), step L behind R (6), ¼ turn right stepping forward R (7), touch L next to R (8) (9:00)

TAG: 8 counts At the end of Wall 4, facing 12:00, do TAG then start Wall 5

COUNTS STEP & CROSS KICK 4X

- 1-4 Step L in place (1), cross kick R (2), step R in place (3) cross kick L
- 5-8 Repeat 1-4

Choreographer's Note: Congratulations and dedicated Thanx to Daniel Trepat, Jose Miguel Belloque Vane & JP Madge for creating the StreamLine Virtual platform in March 2020, keeping dancers around the world moving, engaged and most of all HAPPY! I am honored to play a small part in its story.

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拍數: 32