Wellerman - Sea Shanty

級數: Phrased Improver

編舞者: Christy Kam (USA) - March 2021

音樂: Wellerman (Sea Shanty) - Nathan Evans

#4 beat intro

PART A: verse

Phrase 1: Vaudeville R and L

拍數: 32

- 1, 2 Side R, L crosses behind
- &3&4 Side to the R, tap L heel to the L, step side onto L, cross R in front of L
- 5, 6 &7&8 Repeat other side

Phrase 2: Kick front, side, sailor shuffle x 2, vine L, jump

- 1, 2 Kick R foot front and across, kick R foot to side
- 3&4 R behind and across, L foot side to L, R foot side to R
- 5&6 L behind and across, R foot side to R, L foot side to L
- 7, 8 R foot behind L, step L out to side with pose

PART B: chorus

Phrase 1: 2 walks forward, cha cha forward, 3 step turn L, 2 Monterey

- 1, 2 Walk forward with R foot, walk forward with L foot
- 3&4 R foot forward step, L foot behind and across R foot, R foot forward step
- 5&6 L foot steps side to L, ¹/₂ turn L closing R to L, ¹/₂ turn L stepping L foot to L side
- 7&8& Tap R foot to R side, close R to L, Tap L foot to L side, Tap L foot to L side

Phrase 2: Dorothy R, Dorothy L, 4 walks turning clockwise or your own choreography in place ending facing 9:00

- 1, 2& R foot steps diagonal R, L foot steps behind and across R, R foot steps diagonal R
- 3, 4& L foot steps diagonal L, R foot steps behind and across L, L foot steps diagonal L
- 5,6,7,8 Walk in 3/4 circle R, L, R, L to end up facing 9:00

Dance:
AB
ABB
AB
ABB
AB
ABB





牆

牆數:4