Xiao Na (笑纳)

拍數: 128　　　牆數: 2　　　級數:

編舞者: July Toh (SG) - March 2021

音樂: Xiao Na (笑纳) (DJ Remix) - Hua Tong (花童)

Start on Vocal
Sequence: 1A2B2C, 2ATag2B2C, 2ATag2B
(Pls refer to demo)

Part A 64ct (always @ front wall)
S1 TOUCH, HOLD & TOUCH, HOLD, HOLD 4 counts
1,2&3,4	Touch L next to R, Hold, step L in place & touch R next to L, Hold
5,6,7,8	Hold 4 counts

S2 SIDE, HOLD, STEP, HOLD, SWAY R-L-R-L
1,2,3,4	Step R to R side, Hold, Step L in place, Hold
5,6,7,8	Sway R, Sway L, Sway R, Sway L

S3 SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH
1,2,3,4	Step R to R side, Step L next to R, Step R to R side, Touch L next to R
5,6,7,8	Step L to L side, Step R next to L, Step L to L side, Touch R next to L

S4 SIDE, HOLD, STEP, HOLD, TOUCH, HOLD 3 counts
1,2,3,4	Step R to R side, Hold, Step L in place, Hold
5,6,7,8	Touch R next to L, Hold 3 counts

S5 SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH
1,2,3,4	Step R to R side, Step L next to R, Step R to R side, Touch L next to R
5,6,7,8	Step L to L side, Step R next to L, Step L to L side, Touch R next to L

S6 SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH
1,2,3,4	Step R slightly fwd to R side, Touch L next to R, Step L slightly fwd to L Side, Touch R next to L
5,6,7,8	Step R slightly fwd to R side, Touch L next to R, Step L slightly fwd to L Side, Touch R next to L

S7 SIDE, HOLD, STEP, HOLD & TOUCH, HOLD & TOUCH, HOLD
1,2,3,4	Step R to Side, Hold, Step L in place, Hold
&5,6&7,8	Weight on R & touch L next to R, Hold, Step L in place & touch R next to L, Hold

S8 STEP, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, SIDE, TOGETHER
&1,2,3,4	Step R in place, Step L back, Touch R next to L, Step R back, Touch L next to R
5,6,7,8	Step L back, Touch R next to L, Step R to R side, Step L next to R

Part B 32ct
S1 SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH
1,2,3,4	Step R to R side, Step L next to R, Step R to R side, Touch L next to R
5,6,7,8	Step L to L side, Step R next to L, Step L to L side, Touch R next to L (12:00)

S2 CROSS, POINT, CROSS, POINT, BEHIND, POINT, BEHIND, POINT
1,2,3,4	Cross R over L, Point L to L side, Cross L over R, Point R to R side
5,6,7,8	Cross R behind L, Point L to L side, Cross R behind R, Point R to R side (12:00)

S3 PIVOT 1/2 TURN L, FWD SHUFFLE, PIVOT 1/2 TURN R, FWD SHUFFLE

1,2,3&4	Step R fwd, Pivot 1/2 turn left wt on L, Step R fwd, Step L next to R, Step R fwd (6:00)
5.6,7&8	Step L fwd, Pivot 1/2 turn right wt on R, Step L fwd, Step R next to L, Step L fwd (12:00)

S4 HEEL, TOGETHER, 1/4 TURN L & HEEL, TOGETHER, HEEL, TOGETHER, 1/4 TURN L & HEEL,TOGETHER

1,2,3,4	Touch R heel fwd, Step R next to L, 1/4 turn left touching L heel fwd, Step L next to R (9:00)
5,6,7,8	Touch R heel fwd, Step R next to L, 1/4 turn left touching L heel fwd, Step L next to R (6:00)

Part C 32ct
S1 WALK R-L-R, POINT, BACK L-R-L, POINT

1,2,3,4	Step R fwd, Step L fwd, Step R fwd, Point L to L side
5,6,7,8	Step L back, Step R back, Step L back, Point R to R side (12:00)

S2 STEP, CROSS, SIDE, HEEL, STEP, CROSS, SIDE, HEEL

1,2,3,4	Step R in place, Cross L over R, Step R to R side, Touch L heel to L diagonal
5,6,7,8	Step L in place, Cross R over L, Step L to L side, Touch R heel to R diagonal (12:00)

S3 FWD ROCK, RECOVER, SHUFFLE 1/2 TURN R, FWD ROCK, RECOVER, SHUFFLE 1/2 TURN L

1,2,3&4	Rock R fwd, Recover on L, 1/4 turn R stepping R to R Side, Step L next to R, 1/4 turn R stepping R fwd (6:00)
5,6,7&8	Rock L fwd, Recover on R, 1/4 turn L stepping L to L side, Step R next to L, 1/4 turn L stepping L fwd (12:00)

S4 JAZZ BOX 1/4 TURN R x2

1,2,3,4	Cross R over L, 1/4 turn right Step L back, Step R to side, Step L fwd (3:00)
5,6,7,8	Cross R over L, 1/4 turn right Step L back, Step R to side, Step L next to R (6:00)

Tag 4ct (always @ front wall)

1,2,3,4	Hold 4 counts

Enjoy & Happy Dancing!