Worth It Remix

拍數: 32

級數: High Beginner

編舞者: Fonna Queentarina (INA) - April 2021

音樂: Worth It (Remix) - DJ K-More, Fifth Harmony & Kid Ink

S1 BOTA FOGO, STEP FWD RECOVER TOGETHER (R-L)

- 1 & 2 Cross R over L Rock L to side Recover on R
- 3 & 4 Cross L over R Rock R to side Recover on L
- 56 & Step RF forward Recover LF Close RF to L
- 78 & Step LF forward Recover RF Close LF to R

S2 MODIFIED SIDE MAMBO, CHUG R ¼ TURN RIGHT

- 1,2 & 3 Rock R to side Recover on L Step R beside L Rock L to side
- 4 & Recover on R Step L beside R
- 5 6 R chug Fwd R chug R chug 1/8 right
- 7 8 R chug 1/8 right (6.00) Touch R beside L

S3 TOUCH FWD, TOUCH SIDE, CUMBIA

- 1 2 L touch Fwd L touch to side
- 3 & 4 Cross L behind R R to side Step L to side
- 5 6 R touch Fwd R touch to side
- 7 & 8 Cross R behind L L to side Step R to side

S4 STEP BACK (DO THE HIP HOP STYLE) - SIDE MAMBO

- 1 & 2 Step L back with both knee bend Go up 2x
- 3 & 4 Step R back with both knee bend Go up 2x
- 5 a 6 Step L to side Recover on R Step L close to R
- 7 a 8 Step R to side Recover on L Step R close to L

Restart on Wall 4 after 16 Count

KEEP HEALTHY & ENJOY THE DANCE.

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牆數:4

級數: