Muddy Water Healing

級數: Improver

編舞者: Maddison Glover (AUS) & Adrian Lefebour (AUS) - March 2021

牆數: 4

音樂: Need a Boat - Morgan Wallen

(Choreographed for the NSW Line Dance Charity Ball Workshop. Raising funds for Ronald McDonald House GWS)

Back, Coaster Cross, ¼ Scissor Step, ¾ Turn, Side, Together

- 1,2&3 Step R back as you drag L heel back, step L back, step R together, cross L over
 4& Step R to R side, step L together as you begin to turn ¼ L
 5 Complete the ¼ turn as you step R fwd (9:00)
 6&7 Make ½ turn R as you step L back (3:00), turn ¼ R stepping R to R side (6:00), cross L over R
- 8& Step R to R side, step L together

Toe Struts Back x2, Back Rock/Recover, ½ Turning Toe Strut Back, Back Rock/Recover, ¼ Turning Side Toe Strut, Back Rock/Recover, Side, Behind

- 1&2& Touch R toe back, drop R heel to floor, touch L toe back, drop L heel to floor
- 3&4& Rock R back, recover fwd onto L, make ½ turn L as you touch R toe back, drop R heel to floor (12:00)
- 5&6& Rock L back, recover fwd onto R, make ¼ turn R as you touch L toe to L side, drop L heel to floor (3:00)
- 7&8& Rock R back, recover fwd onto L, step R to R side, cross L behind R

Side, Touch, Side, Kick Across, Side, Together, Side, Back Rock/ Recover, Side, Behind, ¼ Forward, Hitch, Forward, Hitch

- 1&2& Step R to R side, touch L beside R, step L to L side, kick R across L (low)
- 3&4 Step R to R side, step L together, large step R to R side
- 5&6& Rock back onto L, recover weight fwd onto R, step L to L side, cross R behind L
- 7&8& Turn ¼ L stepping L fwd (12:00), hitch R knee, step R fwd/ slightly across L, hitch L knee

Forward, Lock, Forward with Sweep, Front, Side, Behind with Sweep, Behind, Side, Cross Rock/Recover, ¼ Forward, Rock Fwd/ Recover

1&2	Step L fwd, lock R behind L, step L fwd as you sweep R fwd/around (anti-clockwise)
3&4	Cross R over L, step L to L side, cross R behind L as you sweep L back/around (anti- clockwise)
5&6&	Cross L behind R, step R to R side, cross rock L over R, recover weight back onto R
7,8&	Turn ¼ L stepping L fwd, rock R fwd, recover weight back onto L

RESTARTS

During the third sequence, start the dance facing 6:00. Dance to count 8& and restart the dance facing 12:00. During the seventh sequence, start the dance facing 3:00. Dance to count 8& and restart the dance facing 9:00.

ENDING

During wall 9 dance to count 16 (facing 9:00) then turn 1/4 R to 12:00 as you stomp R forward.

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拍數: 32