

The Strut

拍數: 32 牆數: 4 級數: Beginner
編舞者: Patti Golden - April 2021
音樂: A Little Less Talk and a Lot More Action - Toby Keith



Intro: 16 Counts

Right Heel, Left Heel, Right Kickball Change X 2

- 1-2 Touch R heel forward, step R Next to L
- 3-4 Touch L heel forward, step L next to R
- 5 & 6 R kick, step R on ball of foot, step L in place
- 7 & 8 R kick, step R on ball of foot, step L in place

Grapevine Right, Grapevine Left with 1/4 Turn Right

- 1-4 Step R to R side, step L behind R, step R to R side, touch L next to R
- 5-6 Step L to L side, step R behind L
- 7-8 Step L with 1/4 turn R, touch R next to L

Walk/Strut Forward, Kick, Walk/Strut Back, Touch (option: strut your stuff here)

- 1-4 Walk (strut) forward. R, L, R, Kick L
- 5-8 Walk (strut) back. L, R, L, Touch R

Chasse Right, Rock, Recover, Chasse Left, Rock, Recover

- 1 & 2 Step R to R side, step L next to R, step R to R side
 - 3-4 Rock back on L, recover on R
 - 5 & 6 Step L to L side, step R next to L, step L to L side
 - 7-8 Rock back on R, recover on L
-