I Do What I Want

拍數: 32

級數: Improver

編舞者: Nicole Petrocelli (USA) - May 2021

音樂: Freedom - Pitbull

***3 Restarts (walls: 3 (facing 6:00), wall 6 (facing 12:00), wall 9 (facing 6:00)

ROCK RECOVER, FULL TURNING TRIPLE, ROCK RECOVER COASTER

- 1-2 Rock R forward, recover weight onto L
- 3&4 turn 1/2 R step R forward, step L beside R, 1/2 turn R forward (facing 12:00)
- 5-6 Rock L forward, recover weight onto R
- 7&8 Step L foot back, step right together, step L foot forward

HIP BUMPS (RLR), (LRL), (RLR), (LRL)

- 1&2 step R foot forward bump hips RLR (weight on R)
- 3&4 step L foot forward bump hips LRL (weight on L)
- 5&6 step R foot forward bump hips RLR (weight on R)
- 7&8 step L foot forward bump hips LRL (weight on L)
- ***restart # 1 here, wall 3 facing 6:00***

restart # 2 here, wall 6 facing 12:00

restart # 3 here, wall 9 facing 6:00

STEP FORWARD R, 1/4 PIVOT LEFT, CROSS SHUFFLE, ROCK REPLACE, 1/2 TURN LEFT SAILOR

- step R foot forward, 1/4 pivot left 1-2
- 3&4 step R foot over L, step together, step R foot over L
- 5-6 rock side left, replace
- 1/4 turn L step L behind R, 1/4 turn L step R to R side, cross L over R 7&8

TOE SWITCHES, STEP 1/2 PIVOT, R&L SWAY WITH HOLDS

- 1&2& point R foot to side right, step together, point L foot to side left, step together
- 3-4 step R foot forward, 1/2 pivot left (weight on L foot)
- 5-6 sway right, hold
- 7-8 sway left, hold

(*dance finishes facing 12:00)

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牆數: 4