This Heart Of Mine



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Honky Tonk Cliff (UK) - May 2021

音樂: This Heart Of Mine - Alan Jackson: (CD: Where Have You Gone)



#16 Count Intro NO TAGS OR RESTARTS JUST AN EASY ENDING

[1-8] Skate, Skate, Shuffle, Rock, Recover, Shuffle Ba	[1-8	31 Skate.	l Skate. Skate.	Shuffle.Rock	. Recover	.Shuffle	Bacl
--	------	-----------	-----------------	--------------	-----------	----------	------

1-2	Sweep right in out as you step forward. Sweep left in out as you step forward

3&4 Step forward on right, Close left at side, Step forward on right.

5-6 Rock forward on left, Recover onto right. .

7&8 Step back on left, Close right at side of left, Step back on left.

[1-8] Rock Back, Recover, Rock forward, Recover, Touch, Unwind, Shuffle.

1-2 Rock back on right, recover onto left.3-4 Rock forward on right, Recover onto left.

5-6 Touch right toe behind left, ½ unwind right onto right (6.00).

7&8 Step forward on left, Close right at side, Step forward on left.

[1-8] Cross, Back, Chassis, Cross Rock, Recover, Shuffle 1/4.

1-2 Cross right over left, Step back on left.

3&4 Step right to right side, Close left next to right, Step right to right side.

5-6 Rock left over right, Recover onto right.

7&8 Step left to side, Close right next to left, 1/4 turn left stepping left forward (3.00).

[1-8] Rocking Chair, Step,1/2 Turn With a Tap, Shuffle.

1-2 Rock forward on right, Recover onto left.

3-4 Rock back on right, Recover onto left.

5-6 Step forward on right, ½ turn left keep weight on right as you tap left in front of right(3.00).

7&8 Step forward on left, Close right at side, Step forward on left.

ENDING ON WALL 9 the 3rd starting at 12.00 Dance the first 14 counts TO THE TOUCH UNWIND (6.00) then STEP ½ with tap right in front of left (12.00)

Enjoy see you on a floor soon