One Thing Leads To Another

拍數: 32   **牆數:** 4   **級數:** Absolute Beginner

編舞者: Diane J. Ellis (USA) - June 2021

音樂: One Thing Leads to Another - The Fixx

No tags or restarts

alternate music - no tags or restarts:
Hit Me With Your Best Shot, Pat Benatar
Honey I'm Good, Andy Grammer
There's Nothing Holding Me Back, Shawn Mendes

(1 - 8) RIGHT ROCKING CHAIR, FORWARD, ROCK RECOVER, STEP TOGETHER, CLAP

1 - 4   Rock R forward, Recover on L, Rock R back, Recover on L

5 - 8   Rock forward on R, Recover on L, Close R beside L, clap.

(9 - 16) LEFT ROCKING CHAIR, FORWARD, ROCK RECOVER, STEP TOGETHER, CLAP

1 - 4   Rock L forward, Recover on R, Rock L back, Recover on R

5 - 8   Rock forward on L, Recover on R, Close L beside R, clap.

(17 - 24) MODIFIED K STEP (WITH ¼ R ON BACK HALF)

1 - 4   R fwd. on diag., touch L to R, L back, touch R to L

5 - 8   R back turning 1/8 right, touch L to right 1:30, L side turning 1/8 right, touch R to L 3:00

(25 - 32) STOMP, 3 HEEL BOUNCES, STOMP, 3 HEEL BOUNCES

1 - 4   Stomp right, bounce right heel 3 times, putting your weight on it on the 3rd bounce

5 - 8   Stomp left, bounce left heel 3 times, putting your weight on it on the 3rd bounce

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