

Twisted Cha Cha

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Advanced Cha Cha
編舞者: Adam Åstmar (SWE) & Malene Jakobsen (DK) - May 2021
音樂: Blind Heart (feat. Terri B!) (Radio Edit) - Cazzette



Intro: 48 counts, approx. 24 seconds, starting on the words "My Blind" for counts & 1.

Important info! Restarts occurs on wall 3 after section 5 facing 6'00 and on wall 4 after section 6 facing 12'00.

Sect - 1: Side. Diagonal Close Ball. Cross. Back ¼ Turn. ¼ Cha-Cha Forward. ½. ¼ Sweep. Behind-Side-Cross.

- & 1 (&) Step to the right on RF. (1) Close LF next to RF, turning to the left diagonal. {10:30}
- 2 - 3 (2) Cross RF over LF. (3) Step back on LF turning ¼ to the right. {3:00}
- 4 & 5 Turn ¼ to the right making a Cha-Cha forward stepping (4 & 5) RF, LF, RF. {6:00}
- 6 - 7 (6) Turn ½ to the left, placing weight on LF. {12:00} (7) Turn ¼ to the left, stepping to the right on RF and sweeping LF behind. {9:00}
- 8 & 1 (8) Step LF behind RF. (&) Step to the right on RF. (1) Cross LF over RF.

Sect - 2: Side. Together. Cha-Cha Forward. Monterey ¼ Left. Close Ball.

- 2 - 3 (2) Step to the right on RF. (3) Close LF next to RF.
- 4 & 5 Cha-Cha forward stepping (4 & 5) RF, LF, RF.
- 6 - 7 (6) Point to the left with LF. (7) Turn ¼ to the left closing LF next to RF. {6:00}
- 8 & (8) Point to the right with RF. (&) Close RF next to LF.

Sect - 3: Side with Hip-roll. Close Ball. Side with Hip-roll. Close Ball. Side-rock. Cross. ½ Rumba Box.

- 1 - 2 & (1) Step to the left on LF, rolling your hips back from right to left. (2) Finish rolling your hips, weight on LF. (&) Ball step RF next to LF.
- 3 - 4 & (3) Step to the left on LF, rolling your hips back from right to left. (4) Finish rolling your hips, weight on LF. (&) Ball step RF next to LF.
- 5 - 6 (5) Rock to the left on LF. (6) Recover on RF.
- 7 - 8 (7) Cross LF over RF. (8) Step to the right on RF.
- & 1 (&) Close LF next to RF. (1) Step forward on RF.

Sect - 4: Step Forward. Rock Forward. Step back with Drag. Close. Cha-Cha Right.

- 2 - 3 (2) Step forward on LF. (3) Rock forward on RF.
- 4 - 5 (4) Recover on LF. (5) Take a big step back on RF, starting to drag LF towards RF.
- 6 - 7 (6) Finish dragging LF towards RF. (7) Close LF next to RF.
- 8 & 1 Cha-Cha to the right stepping (8 & 1) RF, LF, RF.

Sect - 5: Cross Rock. Cha-Cha Left. Touch. Side. Cross.

- 2 - 3 (2) Cross rock LF over RF. (3) Recover on RF.
- 4 & 5 Cha-Cha to the left stepping (4 & 5) LF, RF, LF.
- 6 - 7 (6) Touch RF next to LF. (7) Step to the right on RF.
- 8 (8) Cross LF over RF.

- Restart occurs here at wall 3 -

Sect - 6: Side. Diagonal Rock Back. 3/8. ½ Turn Cha-Cha. Step ¼ Turn. Cross.

- & 1 (&) Step to the right on RF. (1) Turn 1/8 to the left, rocking back on LF. {4:30}
- 2 - 3 (2) Recover on RF. (3) Turn 3/8 to the right, stepping back on LF. {9:00}
- 4 & 5 Turn ½ to the right making a cha-cha forward stepping (4 & 5) RF, LF, RF. {3:00}
- 6 - 7 (6) Step forward on LF. (7) Turn ¼ to the right, placing weight on RF. {6:00}
- 8 (8) Cross LF over RF.

- Restart occurs here at wall 4 -

Sect - 7: Synchopated Side Touches. Lock-Step Back. ½. Step Forward. ½ Turn Cha-Cha Forward.

- & 1 (&) Step to the right on RF. (1) Touch LF next to RF.
- 2 - 3 (2) Step to the left on LF. (3) Touch RF next to LF.
- 4 & 5 Lock-step back stepping (4 & 5) RF, LF, RF.
- 6 - 7 (6) Turn ½ to the left, stepping forward on LF. (7) Step forward on RF. {12:00}
- 8 & 1 Turn ½ to the left making a cha-cha forward stepping (8 & 1) LF, RF, LF.

Sect - 8: Step Forward. Rock Forward. Step back with Drag. Close. Cross.

- 2 - 3 (2) Step forward on RF. (3) Rock forward on LF.
- 4 - 5 (4) Recover on RF. (5) Take a big step back on LF, starting to drag RF towards LF.
- 6 - 7 (6) Finish dragging RF towards LF. (7) Close RF next to LF.
- 8 (8) Cross LF over RF.

Have fun!
