No Place To Be



拍數: 32 牆數: 4 級數: Improver

編舞者: Heather Gronow (UK) - June 2021 音樂: No Place to Be - Buddy Davis



#16 count intro

Section 1: Cross rock, recover, rock, Hitch, Cross rock, rec, rock, Hitch, Step back, Hitch, Step back, Hitch,

Coaster step

1&2&3&4& Rock R over left (slightly diagonal), recover on L, Rock fwd R, Hitch L, Rock L over right

(slightly diagonal), rec. on right, Rock fwd L, Hitch R

5&6& Step back on R, hitch L, Step back on L, Hitch R7&8 Step back on R, together with L, Step R fwd

Section 2: Side rock, cross (x2) 1/4 turn, Hitch, 1/2 turn, Hitch, Shuffle forward

1&2 3&4 Rock L to left side, rec on right, Cross L over right, Rock R to right side, rec on left, Cross R

over left

5&6& Making a 1/4 turn to right, step back on L, hitch R Making a 1/2 turn to right, step fwd on R,

hitch L

7&8 Shuffle fwd stepping LRL

*Restart here during walls 3 and 6

Section 3: Mambo forward, Back Lock Back, Coaster Step, Shuffle fwd

1&2 3&4 Rock fwd on R, rec on L, Step R together, Step back on L, lock R over L, Step back on L

5&6 7&8 Step back on R, together with L, Step fwd R, Shuffle fwd stepping LRL

Section 4 : Rock recover 1/2 turn, Shuffle 1/2 turn, Shuffle 1/2 turn, Mambo forward

1&2 Rock fwd on R, recover on L, step fwd on R making 1/2 turn to right

3&4 making 1/2 turn to right shuffle back LRL
5&6 making 1/2 turn to right shuffle fwd RLR
7&8 Rock fwd on L, rec on R, Step L together

Enjoy

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