Border Town Bar (边境小镇酒吧) (zh)

拍數: 64 **牆數:** 4 **級數:** Intermediate
編舞者: Oliver Neundorf (DE) & Rico Zehe (DE) - 2021年06月
音樂: Border Town Bar - Marc Miner

Note: The dance begins with the use of the chant
编舞：Oliver Neundorf (DJ Olli) & Rico Zehe
说明：64计，4墙，中线舞； 2 次重启，0 个标签
音乐：Marc Miner 的 Border Town Bar
注意：舞蹈开始于使用圣歌

S1: Kick 2x, rock back, step, pivot 1⁄2 l 2x

1-2	Kick right foot forward twice
3-4	Jump backwards kick forward with right / left foot - jump back onto the left foot
5-6	Step forward with right - 1⁄2 turn to the left on both balls, weight at the end on the left (6 o'clock)
7-8	As 5-6 (12 o'clock)
1-2	右脚向前踢两次
3-4	向后跳 用右/左脚向前踢 - 跳回左脚
5-6	向右前进 - 两个球向左转 1⁄2 圈，重量在左侧（6 点钟方向）
7-8	同 5-6（12 点钟）

S2: Dwight swivels, vine r with stomp

1-2	Turn left heel to the right / touch right toe next to left foot, knee inward - Turn left toe to the right / touch right heel next to left foot, knee outward
3-4	As 1-2
5-6	Step to the right with right - cross left foot behind right
7-8	Step to the right with right - stomp left foot next to right (without changing weight)
1-2	将左脚跟向右转/触碰左脚旁边的右脚尖，膝盖向内 - 将左脚脚尖向右转/触碰左脚旁边的右脚跟，膝盖向外
3-4	作为 1-2
5-6	向右跨步，左脚交叉在右后方
7-8	右脚向右迈步 - 左脚踩在右脚旁边（不改变重量）

S3: Kick 2x, rock back, step, pivot 1⁄2 r 2x

1-8	As step sequence S1, but mirror-inverted starting with the left (12 o'clock)
1-8	与步骤序列 S1 相同，但从左侧开始镜像反转（12 点钟方向）

S4: Vine l with stomp, rock back, stomp 2

1-2	Step left with left - cross right foot behind left
3-4	Step to the left with left - stomp right foot next to left (without changing weight)
5-6	Jump backwards, kick forward with right / left foot - jump back onto the left foot
7-8	Stomp the right foot next to the left one twice (without changing weight)
1-2	向左迈一步，左脚交叉在左后方
3-4	左脚向左迈步 - 右脚踩在左边（不改变重量）
5-6	向后跳，右脚/左脚向前踢——跳回左脚
7-8	右脚挨着左脚踩两下（不改变重量）

S5: 1⁄4 Monterey turn r, jazz box with flick

1-2	Tap right toe on the right - 1⁄4 turn to the right and place right foot on left (3 o'clock)
3-4	Tap left toe on the left - place left foot next to right
5-6	Cross right foot over left - step back with left

7-8 Step to the right with right - left foot flick backwards
1-2 右脚尖在右侧 - 向右转 1⁄4 并将右脚放在左侧（3 点钟方向）
3-4 左脚脚趾在左侧 - 将左脚放在右脚旁边
5-6 右脚跨过左脚 - 左脚后退
7-8 向右迈步，左脚向后轻弹

S6: Figure of 8 vine l
1-2 Step left with left - cross right foot behind left
3-4 1 ⁄4 turn to the left and step forward with left - step forward with right (12 o'clock)
5-6 1 ⁄2 turn left on both pads, weight at the end left - 1⁄4 turn left and step right with right (3 o'clock)
7-8 Cross left foot behind right foot - step right with right
(End: The dance ends after '3-4' - direction 9 o'clock; at the end '3⁄4 turn to the left and stamp the left foot in front' - 12 o'clock)

(Restart: In the 3rd and 6th round - towards 9 o'clock/ 6 o'clock - stop here and start over; on '8': 'Tap right foot next to left')
1-2 向左迈一步，左脚交叉在左后方
3-4 1 ⁄4 向左转，向左前进 - 向右前进（12点钟）
5-6 1 ⁄2 在两个垫子上左转，左端的重量 - 1⁄4 左转并踩踏 右与右（3点钟）
7-8 左脚交叉在右脚后——向右跨步
(尾声：舞蹈结束后'3-4'-方向9点；结束时'3⁄4左转，左脚踩前'-12点）
(重新开始：在第 3 和第 6 轮 - 朝 9 点钟/6 点钟方向 - 停在这里并重新开始；在"8"上："在左脚旁边轻敲右脚"）

S7: Heel, touch, heel 2x, heel, heel, flick, scuff
1-2 Touch the left heel next to the right foot - Touch the left toe next to the right foot
3-4 Tap the left heel twice next to the right foot
(Option: instead of the 'heels', move the foot forward kick)
5-6 Tap jump to the left foot / right heel in front - jump to the right foot / left heel in front tap
7-8 Jump to left foot / snap right foot backwards - swing right foot forward, heel let drag on the ground
(Option: instead of the 'heels', kick your foot forward)
1-2 触摸右脚旁边的左脚跟 - 触摸右脚旁边的左脚趾
3-4 在右脚旁边敲击左脚跟两次 (选项：而不是"脚后跟"，向前移动脚踢）
5-6 Tap 跳到左脚/右脚跟在前面 - 跳到右脚/左脚跟在前面
7-8 跳到左脚/右脚后退——右脚向前摆动，脚后跟拖地 （选项：而不是"脚后跟"，向前踢你的脚）

S8: Out, out, in, in (V-steps), applejacks (toe fans r + l)
1-2 Step diagonally to the front right with right - small step to the left with left (only put on the heel)
3-4 Step back to the starting position with right - put left foot next to right (a little apart)
5-6 Turn left toe / right heel to the left - turn feet back again
7-8 Turn left heel / right toe to the right - turn feet back again (weight at the end on the left)
Repeat until the end
1-2 右前方斜跨步 - 左小步向左小步（只放在脚后跟）
3-4 右步回到起始位置 - 将左脚放在右边（稍微分开）
5-6 将左脚趾/右脚跟向左转 - 再次将脚转回
7-8 将左脚跟/右脚趾向右转 - 再次将脚转回（左侧末端的重量）
重复直到结束

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