

Thrill Me Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Tim Johnson (UK) & Hayley Wheatley (UK) - June 2021
音樂: Go Crazy - Leslie Odom, Jr.



(available on iTunes & Amazon)

Intro 16 Counts

Pattern Of Dance ABAC ABAC AAA CCA

A PATTERN - 32 COUNTS

[1-8] WALK, WALK, LOCK STEP FORWARD, STEP, ¼ PIVOT TURN, CHASSE

1-2 Walk fwd on RF (1), Walk fwd on LF (2)
3&4 Step fwd on RF (3), Lock LF behind RF (&), Step fwd on RF (4)
5-6 Step fwd on LF (5), Pivot ¼ turn R, taking weight onto RF (6) (9:00)
7&8 Step LF to L side (7), Close RF next to LF (&), Step LF to L side (8)

[9-16] SAILOR STEP, BEHIND, ¼ TURN, STEP, PIVOT ½ TURN, WALK

1-2-3 Cross step RF behind LF (1), Step LF to L side (2), Step RF to R side (3)
4-5 Cross step LF behind RF (4), Step fwd onto RF making ¼ turn R (5) (12:00)
6-7 Step fwd onto LF (6), Pivot ½ turn R (7) (6:00)
8 Walk fwd on LF (8)

[17-24] SIDE, TOGETHER, LOCK STEP FORWARD, ROCK FORWARD, RECOVER, SHUFFLE ½ TURN

1-2 Step RF to R side (1), Close LF beside RF (2)
3&4 Step fwd on RF (3), Lock LF behind RF (&), Step fwd on RF (4),
5-6 Rock fwd on LF (5), Recover onto RF (6)
7&8 Step LF to L side making ¼ turn L (7), Close RF beside LF (&), Step fwd onto LF making ¼ turn L (8) (12:00)

[25-32] ROCK FORWARD, RECOVER, LOCK STEP BACK, ROCK BACK, RECOVER, CHASE ½ TURN

1-2 Rock fwd on RF (1), Recover onto LF (2)
3&4 Step back on RF (3), Lock LF across RF (&), Step back on RF (4),
5-6 Rock back on LF (5), Recover on RF (6)
7&8 Step fwd on LF (7), Pivot ½ turn R (&), Step fwd on LF (8) (6:00)

B PATTERN - 32 COUNTS

[1-8] OUT, OUT, CHASSE, OUT, OUT, CHASSE

1-2 Step RF out to R diagonal (1), Step LF out to L diagonal (2)
3&4 Step RF to R side (3), Close LF beside RF (&), Step RF to R side (4)
5-6 Step LF out to L diagonal (5), Step RF out to R diagonal (6)
7&8 Step LF to L side (7), Close RF beside LF (&), Step LF to L side (8)

Optional Arm movements: When stepping out on count 1 raise R hand to R side of head, Raise L hand to L side of head on count 2 and run hands down sides of body as you chasse for 3&4. Repeat for counts 5-8 alternating hands.

[9-16] CROSS, ¼ TURN, COASTER STEP, CROSS, SIDE, SAILOR STEP ¼ TURN

1-2 Cross step RF over LF (1), Step back on LF making ¼ turn R (2), (9:00)
3&4 Step back on RF (3), Close LF beside RF (&), Step fwd onto RF (4)
5-6 Cross Step LF over RF (5), Step RF to R side (6),
7&8 Step LF behind making ¼ turn L (7), Step RF to R side (&), Step LF to L side (8) (6:00)

[17-24] CROSS STEP, POINT, CROSS STEP, POINT, STEP, PIVOT ½, FULL TURN

- 1-2 Cross step RF over LF (1), Point L toe to L side (2),
- 3-4 Cross step LF over RF (3), Point R toe to R side (4),
- 5-6 Step fwd on RF (5), Pivot ½ turn L (6) (12:00)
- 7-8 Step back on RF making ½ turn L (7), Step forward on LF making ½ turn L (8) (12:00)

[25-32] STEP, PIVOT ½ TURN, LOCK 1/2 TURN, COASTER STEP, KICK BALL STEP

- 1-2 Step fwd on RF (1), Pivot ½ turn L (2), (6:00)
- 3&4 Step RF to R side making ¼ turn L (3), Lock LF over RF (&), Step back on RF making ¼ turn L (4), (12:00)
- 5&6 Step back on LF (5), Close RF beside LF (&), Step fwd on LF (6)
- 7&8 Kick RF fwd (7), Step down on ball of RF (& Step fwd on LF (8)

C PATTERN - 16 COUNTS

[1-8] SIDE, DRAG, BEHIND, SIDE, CROSS, LUNGE, RECOVER, RONDE ½ TURN, TOUCH

- 1-2 Large step RF to R side (1), Drag L toe towards RF (2)
- 3&4 Step LF behind RF (3), Step RF to R side (&), Cross LF over RF (4)
- 5-6 Lunge RF to R side (5), Recover weight onto LF (6)
- 7-8 Sweep RF around while making ½ turn L keeping weight on LF (7), Touch R toe beside LF (8) (6:00)

[9-16] SIDE, DRAG, BEHIND, SIDE, CROSS, LUNGE, RECOVER, RONDE ½ TURN, TOUCH

- 1-2 Large step RF to R side (1), Drag L toe towards RF (2)
- 3&4 Step LF behind RF (3), Step RF to R side (&), Cross LF over RF (4)
- 5-6 Lunge RF to R side (5), Recover weight onto LF (6)
- 7-8 Sweep RF around while making ½ turn L keeping weight on LF (7), Touch R toe beside LF (8) (12:00)

Contact: Tim: Timbo_84@hotmail.com Hayley: hcwheatley@live.com
