Nobody

拍數: 64

級數: Intermediate

編舞者: Hiroko Carlsson (AUS) - June 2021

音樂: Nobody - NOTD & Catello : (Spotify)

(Intro: 32 counts)	
[S1] Run Fwd, Run Back Back, Coaster Step, Kick-Ball-Change 1&2 Run forward on R-L-R (slightly hitch L knee)	
3&4	Run back on L-R-L
5&6	Step back on R, Step L next to R, Step forward on R
7&8	Kick forward on L, Step down on ball of L foot, Step forward on R
[S2] 1/4L-Samba, Cross Shuffle, 1/4R-1/4R, Kick-Ball-Change	
1&2	Step forward on L making a ¼ turn left, Rock R to the side, Recover weight on L (9:00)
3&4	Cross R over L, Step L close to R, Cross R over L
56	Make a ¼ turn right stepping back on L, Make a ¼ turn right stepping R to the side (3:00)
7&8	Kick forward on L, Step down on ball of L foot, Step slightly forward on R
[S3] Toe-Heel-Heel, Behind-Side-Cross, Toe-Heel-Heel, Behind-1/4L-Fwd	
1&2	L heel touch to the left (1), L heel touch to the side twice (&2)
3&4	Step L behind R, Step R to the side, Cross L over R
5&6	R heel touch to the right (5), R heel touch to the side twice (&6)
7&8	Step R behind L, Make a ¼ turn left stepping forward on L, Step forward on R (12:00)
[S4] 2x Pivot 1/2R, Fwd-1/2L-Back-Touch	
12	Step forward on L, Make a ½ turn right recover weight on R (6:00)
34	Step forward on L, Make a ½ turn right recover weight on R (12:00)
56	Step forward on L, Make a ½ turn left stepping back on R (6:00)
78	Step back on L, Touch R next to L
[S5] Skate-Skate, Cross-Samba, Cross-1/4L-Kick-Ball-Touch	
12	Skate R, Skate L
3&4	Cross R over L, Rock L to the side, Recover weight on R
56	Cross L over R, Make a ¼ left turn stepping back on R (3:00)
7&8	Kick forward on L, Step down on ball of L foot, Touch R next to L
[S6] Lindy R, 1/4R-1/4R, Cross Shuffle	
1&2	Step R to the side, Step L next to R, Step R to the side
34	Rock back on L, Recover weight on R
56	Make a ¼ turn right stepping back on L, Make a ¼ turn right stepping R to the side (9:00)
7&8	Cross L over R, Step R close to L, Cross L over R
[S7] Skate-Skate, Cross-Samba, Cross-1/4L-Kick-Ball-Change	
12	Skate R, Skate L
3&4	Cross R over L, Rock L to the side, Recover weight on R
56	Cross L over R, Make a ¼ left turn stepping back on R (6:00)
7&8	Kick forward on L, Step down on ball of L foot, Step slightly forward on R

[S8] Lindy L, 1/4L Back-Lock-Back, 1/2L, Point

- 1&2 Step L to the side, Step R next to L, Step L to the side
- Rock back on R, Recover weight on L





牆數:4

- 5&6 Make a ¼ turn left stepping back on R, Lock L across R, Step back on R (3:00)
- 7 8 Make a ½ turn left stepping forward on L, Point R to the side (9:00)

The dance finishes at the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 16/Jun/21)