# Bad Habits Leads to You

級數: Beginner

編舞者: Lene Mainz Pedersen (DK) - June 2021

牆數:4

音樂: Bad Habits - Ed Sheeran : (iTunes)

### Intro: 16 counts

拍數: 32

## [1-8] STOMP R, SWIVEL R HEEL R & L, KICK R, BACK ROCK, 1/4 L CHASSE R

- 1 4 Stomp R to R diagonal (lean fw), Swivel R foot to R, Swivel R foot back to center, Kick R foot to R diagonal
- 5 6 Rock back on R, Recover on L
- 7 & 8 Turn ¼ L step R to R side, Step L beside R, Step R to R side (9:00)

## [9-16] BEHIND, SIDE, CROSS SHUFFLE, SIDE TOUCH R & L

- 1 -2 Cross L behind R, step R to R side
- 3&4 Cross L in front of R, Step R to R side, Cross L in front of R
- 5 8 Step R to R side, Touch L beside R with clap, Step L to L side, Touch R beside L with clap

### [17-24] CROSS POINT X4

1 - 4 Cross R in front of L, Point L to L side, Cross L in front of R, Point R to R side

5 - 8 Cross R in front of L, Point L to L side, Cross L in front of R, Point R to R side

(for styling bend your knee when you do these cross points, when you do the points make a sharp snap bend your arms when you prepare for the snap, then make the snap as you lower your arms - look at the video ;o)

#### [25-32] JAZZ 1/4 R X2

Cross R in front of L, Turn ¼ R stepping back on L, Step R to R side, Step fw on L (12:00) 1 - 4 Cross R in front of L, Turn ¼ R stepping back on L, Step R to R side, Step fw on L (3:00) 5 - 8 \*\*\* at 5 wall count 32, step L beside R - that way you'll be ready for the tag \*\*\*

## **Begin Again**

#### TAG after 5. Wall (3:00) - 4 count tag: Applejacks ( or optional - do 2 heel splits )

Move Left Toe And Right Heel To The Left, Move Them Back To Center, Move Right Toe 1 - 4 And Left Heel To The Right, Move Them Back To Center (weight on L)

ENDING: You end at the 6 o'clock wall - simply step fw on R, Turn ½ L to face your 12 o'clock wall - tadaaaaa

Contact: lene.m@privat.dk www.happylinedanceherning.dk

Last Update - 5 July 2021





