Uncle John

拍數: 64

級數: Phrased Beginner

編舞者: Caecilia M Fatruan (INA) - June 2021

音樂: Uncle John from Jamaica - Vengaboys

Phrasing : A(16) - B - B(16) - B - A(16) - B - B(16) - B - A - B(16) - B - B

A.32 Count, Wall 1

- AS.1 RF STRUT ON PLACE, HIP SWAY WHILE SWING FINGER, ROCK, RECOVER, COASTER STEP
- 1-2-3-4 Place the RF in front of the LF, the hips sway, swinging two fingers in front of the face and then swinging it down, and up, and down again
- 5-6 RF rock fwd, recover on LF
- 7&8 RF step back, LF step backwards next to RF (&), RF step fwd

AS.2 - LF STRUT ON PLACE, HIP SWAY WHILE SWING FINGER, ROCK, RECOVER, COASTER STEP

- 1-2-3-4 Place the LF in front of the RF, the hips sway, swinging two fingers in front of the face and then swinging it down, and up, and down again
- 5-6 LF rock fwd, recover on RF

7&8 Coaster step : LF step back, RF step backwards next to LF (&), LF step fwd

(For 16 counts only, we used the Coaster step in Section 2, counts 7&8, before moving to pharased B to keep it 1 way.

A: 32 count : section 3 & 4 just repeats section 1 & 2 in a different direction. section 2, count 7&8 we use Chasse half turn to move places. section 4, count 7&8, we use Chasse half turn again to change direction 7&8 Turn ¼ Left, LF step to L, RF together (&), LF step to L while ¼ turn L

B.32 Count, Wall 2

BS1. ROCK R SIDE, RECOVER, CHASSE, ROCK L SIDE RECOVER

- 1-2 RF step to the R side, recover on LF
- 3&4 RF step to R, LF close together(&), RF step to R
- 5-6 LF step to the Left side, recover on RF
- 7&8 LF step to L, RF close together (&), LF step to L

BS2. MAMBO R BACKWARD, MAMBO L BACKWARD ¼ TURN L, TOUCH FRONT, TOUCH BACK

- 1&2 RF step backward, recover on LF, RF back in place
- 3&4 LF step backward, recover on RF while ¼ turn L, LF step fwd
- 5-6 RF touch fwd, RF step back
- 7-8 LF touch back, LF step fwd

BS3. SAMBA STEP R&L, MAMBO, CHASSE BACK

- 1&2 RF step fwd, LF step to the L side, RF back in place
- 3&4 LF step fwd, RF step the R side, RF back in place
- 5&6 RF step fwd, recover on LF (&) RF back in place
- 7&8 LF step to L, RF close together while turn ¼ Left (&), LF step to L while turn ¼ L to L

BS4. WHISKEY SAMBA R&L, JAZZ BOX

- 1&2 RF step to R, LF step behind RF (&), RF step in place
- 3&4 LF step to L, RF step behind LF (&), LF step in place
- 5-6-7-8 RF step in front of LF, LF step next to RF while ¼ turn R, RF step next to LF, LF step in front of RF

WELL DONE .. YOU DIT IT





牆數:2