Naengmyeon (냉면)



編舞者: Hey Soon Choi (KOR) - June 2021

音樂: Naengmyeon (냉면) - Myung-ca Drive (명카드라이브)



Intro: 16 Counts

Sequence: AABBAA(×2) AABBA

Part A(32 Counts)

[Sec. 1] Walk Forward(R, L, R, L), Hip Bump × 2

1 2	Step forward on RF, Step forward on LF
3 4	Step forward on RF, Step forward on LF
5&6	Bump hips to R, L and to R again
7&8	Bump hips to L, R and to L again

[Sec. 2] Walk Back(R, L, R, L), Hip Bump × 2

1 2	Step backward on RF, Step backward on LF
3 4	Step backward on RF, Step backward on LF
5&6	Bump hips to R, L side and to R again
7&8	Bump hips to L, R side and to L again

[Sec. 3] Step Forward-Touch Side(×2), Step Back-Touch Side(×2)

1 2	Step forward on RF, Touch LF toe to L
3 4	Step forward on LF , Touch RF toe to R
5 6	Step backward on RF, Touch LF toe to L
7 8	Step backward on LF, Touch RF toe to R

[Sec. 4] Rocking Chair, Jazz box Turn 1/4

12	Rock Forward with RF, Recover weight onto LF
3 4	Rock back with RF, Recover weight onto LF
5 6	Cross RF over LF, Step back on LF
7 8	Making a 1/4 turn R, Step forward on LF

Part B(16 Counts)

[Sec. 1] Side-Touch Back to R, Side-Touch Back to L, Step Vine

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12	Step RF to R, Cross LF behind RF
3 4	Step LF to L, Cross RF behind LF
5 6	Step RF to R, Cross LF behind RF
7.8	Sten RF to R Touch LF next to RF

[Sec. 2] Step Vine Turn 1/4, Side-Together×2

12	Step LF to L, Cross RF behind LF
3 4	Making a 1/4 turn L, Close Rf next to Touch LF
5 6	Step RF to R, Close LF next to RF(5), Hold(6)
7 8	Step LF to L, Close RF next to LF(7), Hold(8)

Ending: Facing 12:00

Have Fun!

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