

Loco Shuffle

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Shelli Blake (USA), Rob Fowler (ES) & I.C.E. (ES) - July 2021
音樂: Locomotive - Sawyer Brown : (Album: The Boys Are Back)



1 Restart

S1 ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, SHUFFLE ¼ TURN L

- 1-2 Rock forward on R foot, recover on L
- 3&4 Step R foot back, step L foot next to R foot, step forward on R foot
- 5-6 Rock forward on L foot, recover on R
- 7&8 Step L foot into ¼ turn L, step R foot next to L foot, step L foot to L 9:00

S2 CROSS, STEP ¼ TURN, COASTER STEP, SIDE SWITCHES, L FORWARD HEEL, TOGETHER, BRUSH R

- 1-2 Cross R foot over L foot, step L foot back into ¼ turn R
- 3&4 Step R foot back, step L foot next to R foot, step forward R foot
- 5&6 Point L foot to L side, step L foot next to R foot, point R foot to R side
- &7&8 Step R foot next to L foot, touch L heel forward, step L heel next to R foot, brush R foot forward 12:00

S3 STEP R, PIVOT ½ L, STEP R, PIVOT ½ L, R VAUDEVILLE, ROCK FORWARD L, RECOVER

- 1-2 Step forward on R foot, pivot ½ turn L
- 3-4 Step forward on R foot, pivot ½ turn L (*see note below about RESTART here)
- 5&6 Cross R foot over L foot, step L foot back, touch R heel to R diagonal
- &7-8 Step R foot next to L, rock forward on L foot, recover on R 12:00

S4 L SHUFFLE BACK, R SHUFFLE ½ R, L ROCK, RECOVER, L TRIPLE ¾ L

- 1&2 Step L foot back, step R foot next to L foot, step L foot back
- 3&4 Make ½ turn R stepping forward on R foot, step L foot next to R foot, step forward R foot
- 5-6 Rock forward L foot, recover on R
- 7&8 Make ½ turn L stepping forward on L foot, step R foot next to L foot, make ¼ turn L stepping forward on L foot 9:00

S5 R VAUDEVILLE, L VAUDEVILLE, STEP R, PIVOT ½ L, FULL TURN L

- 1&2 Cross R foot over L foot, step back on L foot, touch R heel to R diagonal
- &3&4 Step R foot next to L foot, cross L foot over R foot, step back on R foot, touch L heel to L diagonal
- &5-6 Step L foot next to R foot, step forward on R foot, pivot ½ turn L 3:00
- 7-8 Make ½ turn L stepping back on R foot, make ½ turn L stepping forward on L foot (easier option: walk forward R, L)

S6 R HEEL GRIND, COASTER STEP, STEP L, PIVOT ½ TURN R, STEP L, BRUSH R

- 1-2 Rock R heel forward pressing weight into heel and fan toes from L to R, recover weight onto L foot
- 3&4 Step back on R foot, step L foot next to R foot, step forward on R foot
- 5-6 Step forward L foot, pivot ½ turn R
- 7-8 Step forward L foot, brush R foot forward 9:00

START DANCE AGAIN

*RESTART: During Wall 6 dance up to and including count 20 then RESTART facing 9:00.

