

Live Every Moment!

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Roger Neff (USA) - July 2021
音樂: Que la Vida Vale - Natalia Lafourcade



Intro: 16 counts - No tags

Restart after 16 counts of instrumental music on wall 4 facing 3:00.

This song, written and performed by Natalia Lafourcade, currently one of Mexico's top pop artists, was inspired by the death of Selena Quintanilla, "Queen of Tejano music." The lyrics basically remind us that life can be snatched from us at any moment and that life is worth living.

[1-8] STEP FWD ON RF, TOUCH, BACK, COASTER STEP, STEP FWD ON LF, TOUCH, BACK, COASTER STEP

1&2 Step fwd on RF, Touch L toe beside RF, Step back on LF
3&4 Step back on RF, Close LF, Step fwd on RF
5&6 Step fwd on LF, Touch R toe beside LF, Step back on RF
7&8 Step back on LF, Close RF, Step fwd on LF

[9-16] R SHUFFLE FWD, MAMBO STEP, R SHUFFLE BACK, COASTER STEP

1&2 Shuffle fwd R,L,F (or lock steps fwd)
3&4 Rock fwd on LF, Recover, Close LF
5&6 Shuffle back R,L,R
7&8 Step back on LF, Close RF, Step fwd on LF

RESTART HERE ON WALL 4 FACING 3:00.

[17-24] ¼ PUSH TURNS TO L X 4 (end facing 12:00), CROSS SHUFFLE TO L, SCISSORS STEP

1&2&3&4 Place ball of R foot forward and push yourself around counter-clockwise wall to wall for a full turn keeping your LF on the floor
5&6 Step R over L, Step to L, Step R over L
7&8 Step to L, Close RF beside LF, Cross L over R

[25-32] SIDE SHUFFLE TO R, ¼ L SAILOR STEP, CROSS MAMBO STEPS: R OVER L, L OVER R

1&2 Step to R, Close LF beside R, Step to R
3&4 Step LF behind RF, ¼ L turn onto RF, Step fwd on LF
5&6 Cross rock R over L, Recover, Close RF beside LF
7&8 Cross rock L over R, Recover, Close LF beside RF

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