I've Got No Choice

拍數: 48 編舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 25 July 2021 音樂: No Choice - Fly By Midnight

Start : On the lyrics

Sequence : A-32-A-16-Tag-A-8-A-A-32-A-A-(Final : Vine ¼ R)

[1-8] Figure of 8

- 1-2 RF to the R side - LF behind RF
- 3-4 Make 1/4 R with RF FW, LF FW
- 5-6 Make 1/2 R. Make 1/4 R with LF to the L side
- RF behind LF, LF to the L side Restart 3+4 7-8

[9-16] Step, Lock, Step, Touch, Step, Lock, Step, Touch

- RF FW, LF behind RF 1-2
- 3-4 RF FW, Touch LF next to RF
- LF FW, RF behind LF 5-6
- 7-8 LF FW, Touch RF next to LF Tag+Restart 2

[17-24] Back, Touch, Back, Touch, Coaster-Step, Stomp-Up, Stomp

- 1-2 RF Back, Touch LF next to RF
- LF Back, Touch RF next to LF 3-4
- 5&6 RF Back, LF next to RF, RF FW
- 7-8 L Stomp-Up next to RF, L Stomp next to RF (Weight is on LF)

[25-32] Rock-Step, Side, Hold, Rock-Step, ¼ L, Hold

- Cross RF over LF, Recover to the LF 1-2
- 3-4 RF to the R side. Hold
- 5-6 Cross LF over RF, Recover to the RF
- 7-8 Make 1/4 L with LF FW, Hold Restart 1

[33-40] ½ L, Step, Hold, ¼ R, Step, Hold

- 1-2 RF FW, Make 1/2 L
- 3-4 RF FW, Hold
- 5-6 LF FW, Make 1/4 R
- 7-8 LF FW, Hold

[41-48] Point, Walk, Point, Walk, Jazz-Box ¼ R

- Point RF to the R side, RF FW 1-2
- 3-4 Point LF to the L side, LF FW
- Cross RF over LF, LF Back 5-6
- 7-8 Make 1/4 R with RF to the R side, Cross LF over RF

Tag: Rolling vine, Touch, Rolling vine, Touch

- 1-2 Make 1/4 R with RF FW, Make 1/2 R with LF Back
- 3-4 Make 1/4 R with RF to the R side, Touch LF next to RF
- 5-6 Make 1/4 L with LF FW, Make 1/2 L with RF Back
- 7-8 Make 1/4 L with LF to the L side, Touch RF next to LF

Smile and enjoy the dance