

Head & Heart

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Unai Pino Navarro (ES) - August 2021
音樂: Head & Heart (feat. MNEK) - Joel Corry



[1 - 8] VINE RIGHT, STEP SIDE R, TOUCH, STEP SIDE L, TOUCH

1-4 RF step side, LF cross behind, RF step side, LF touch near RF
5-6 RF step side, LF touch together RF
7-8 LF step side, RF touch together LF

[9-16] VINE LEFT, HITCH, BRUSH

1-4 LF step side, RF cross behind, LF step side, RF touch near LF
5-6 RF step side, LF hitch
7-8 LF step side, RF brush

[17-24] CROSS ROCK FWD, CHASSE 1/4 R, 1/2 TURN, LOCK STEP FWD

1-2 RF rock fwd, LF recover
3&4 RF step side, LF together RF, RF step with a 1/4 R (3.00)
5-6 LF step fwd, RF turn 1/2 & step fwd (9.00)
7&8 LF step fwd, RF step fwd lock behind LF, LF step fwd

[25-32] 1/4 STEP TURN L X2, WALK X2, WITH OUT OUT IN IN

1-2 RF step fwd, LF 1/4 turn L and step side (6.00)
3-4 RF step fwd, LF 1/4 turn L and step side (3.00)
5-6 RF walk fwd, LF walk fwd
&7&8 RF step fwd on heel slightly out, LF step fwd on heel slightly out, RF step back recover center, LF step back recover center

TAG (8 wall (9.00))

[1-8] SLIDE & DRAG, HALF TWIST TURN

1- 3 Rf slide to R
4-5 LF drag
6 LF cross over RF
7-8 1/2 turn R

[9 - 16] SLIDE & DRAG, HALF TWIST TURN

1- 3 RF slide to R
4-5 LF drag
6 LF cross over RF
7-8 1/2 turn R

[17 - 24] JAZZ BOX WITH 1/4 R X2

1-2 RF cross over L, LF step bwd
3-4 RF step fwd with a 1/4 R, LF step fwd
5-8 repeat the same

[25 - 32] ROCKIN CHAIR, 1/2 TURN L, STEP FWD, STOMP & CLAP

1-2 RF rock fwd, LF recover
3-4 RF rock bwd, LF recover
5-6 RF step fwd, LF 1/2 turn L & step fwd
7-8 RF step fwd, LF stomp & clap near RF

